



# FEBRUARY



# REAKFAST

# E E E E

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Multigrain Cereal & Yogurt	Multigrain Cereal & Yogurt	Multigrain Cereal & Yogurt	Multigrain Cereal & Yogurt	Multigrain Cereal & Yogurt
Sausage & Cheese Bake Fresh Baked Muffin	French Toast Sticks Fresh hand rolled Breakfast Burrito	Fresh Baked Muffin Top Waffle and Sausage Patty	Cinnamon Roll Country Breakfast Pizza	Fresh Baked Muffin Ham & Cheese Croissant
Chicken Nuggets & Tater Tots  Full Moon Cheese Pizza  Red Rocket Pepperoni Pizza  Hot Ham and Cheese Sandwich  Peanut Butter & Jelly Sandwich w/	Beef Taco Bowl w/ Tortilla Chips Hamburger Cheese Burger Veggie Burger Full Moon Cheese Pizza Red Rocket Pepperoni Pizza	Chunky Turkey Gravy & Mashed Potatoes and Fresh Dinner Roll  Full Moon Cheese Pizza  Red Rocket Pepperoni Pizza  Hamburger  Cheese Burger  Veggie Burger	Macaroni & Cheese Full Moon Cheese Pizza Red Rocket Pepperoni Pizza Hamburger Cheese Burger Veggie Burger Chicken Taquitos	Jumbo Beef Taco w/ Tortilla Chips Full Moon Cheese Pizza Red Rocket Pepperoni Pizza Chicken Burger Veggie Burger
Sunflower Seeds	Yogurt, String Cheese, Granola	Corn Dog	Chionen Tagarres	Corn Dog

#### GARDEN BAR SERVED FOR LUNCH DAILY W/ SEASONAL FRESH FRUITS & VEGETABLES AND IS OFFERED WITH A MILK

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#### **National Days in February**

- Feb. 2 National Groundhog Day
- Feb. 4 National Homemade Soup Day
- Feb. 6 National Frozen Yogurt Day
- Feb.11 National Don't Cry Over Spilt Milk Day
- Feb.17 National Random Act of Kindness Day
- Feb. 20 National Love Your Pet Day
- Feb.25 National Clam Chowder Day
- Feb.28 National Tooth Fairy Day

### **PLAY HARDER**

Exercising with loved ones is more effective -- and more fun! -- than working out alone. Nearly half the people who exercise solo quit after not too long, but two-thirds of folks who exercise with a loved one (or two or three or four!) stick it out. Look for a time when the whole family can sweat together.



Come Join Us Breakfast \$150 Lunch \$260 PRESIDENTS WEEKEND
FEBRUARY 12-15 NO SCHOOL!!





#### THIS MONTH'S FEATURED

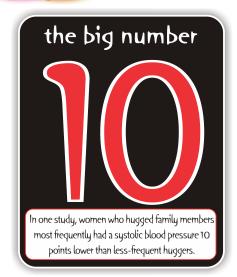
LOCAL PRODUCE

KIWI - GRIDLEY

MANDARINS - ORLAND



## HAPPY VALENTINE'S DAY! FEBRUARY 14



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