



**Sandra Adamson Fryhofer MD
Miss Georgia 1976**

Sandra Adamson Fryhofer, MD, MACP, FRCP is a practicing general internist and Adjunct Associate Professor of Medicine at Emory University School of Medicine in Atlanta, Georgia.

Dr. Fryhofer was the 2000-2001 President of the American College of Physicians (ACP), the nation's largest medical specialty society. She was only the second woman to be elected President and was the youngest president, male or female, in the college's 85-year history. During her tenure on the ACP Board of Regents, she chaired the Committee on Women's Health and was an active member of the Education Committee. She was national spokesperson for the Doctors for Adults Public Education Campaign. For the last decade, she served on the ACP Adult Immunization Advisory Committee and also participated in ACP Connect Quality Improvement initiatives. She is liaison representative to the CDC's Advisory Committee on Immunization Practices (ACIP) and serves on the ACIP Working Groups for HPV Vaccine, Influenza Vaccine, Shingles Vaccine, Pneumococcal Vaccine, and the Adult Schedule.

Dr. Fryhofer is a member of the ACP Delegation to the American Medical Association (AMA). In 2007, she was elected to the AMA Council on Science and Public Health (CSAPH), served on its Executive Committee, as Chair-Elect, then in her second term as the 2012-2013 Chair. She has represented CSAPH at the Commission to End Disparities, the National Vaccine Advisory Committee, the National Influenza Summit, and the 2011 National Immunization Conference. She has testified (representing AMA) before Health Subcommittee of House Energy and Commerce Committee on "Promoting the Development of Antibiotics and Ensuring Judicious Use in Humans" and before the Food and Drug Administration (FDA) on "REMS: Risk Evaluation and Mitigation Strategies".

Dr. Fryhofer has presented numerous lectures and has served on various committees and panels for the CDC, IOM, and other organizations addressing Breast and Cervical Cancer Screening, STD Guidelines, CDC Folic Acid Task Force, Racial and Ethnic Disparities in Healthcare, challenges facing the uninsured, women's health issues, obesity, and adult immunization.

She was the Medical Consultant for CNN Headline News from 2001 to 2005 and also wrote a weekly column on the CNN Headline News Website called *Vital Signs*. IN 1998, she became a member of the *Woman's Day* Magazine Health and Fitness Advisory Board since 1998 and has been featured in the publication discussing various health issues. From 2007-2009, she wrote a weekly health blog for *Woman's Day* website called *ON CALL with Dr. Sandy*. Since 2008, her video blog and podcast series *Medicine Matters* has been featured on WebMD's Medscape. She now writes a regular column for WebMD's Medscape focusing on prevention: *Staying Well with Sandra Fryhofer MD*. Her weekly medical segments series *Your Health Matters with Sandra Fryhofer MD* aired on Georgia Public Broadcasting (PBS affiliate) in 2013-2014.

Dr. Fryhofer has a Bachelor's degree (with high honors) in Chemical Engineering (BChE) from Georgia Institute of Technology. She received her medical degree and internal medicine training from Emory University School of Medicine, where she is a member of the Alpha Omega Alpha honor society. Her clinical expertise has been recognized both nationally and internationally with titles of



Master of the American College of Physicians (MACP) and Fellow of the Royal College of Physicians (FRCP).

Dr. Fryhofer is married and has boy/ girl twins. Both children are athletes (basketball, track, cross country, crew, and volleyball). Her favorite hobby is dancing. She was also the winner of the Dancing Stars of Atlanta, 2012, Judges Choice. Her “votes” raised more than \$130,000 for the Alzheimer’s Association, Georgia Chapter.

Miss America Impact Statement

“Things have really changed since 1976. I remember being asked during *my* interview: ‘What makes you think *you* can become a doctor?’ I was somewhat taken aback. I had very high GPA at Georgia Tech (majoring in Chemical Engineering), and becoming a physician had always been my dream. I had never thought for one minute that I could not. I hope that my successful career path helped pave the way for other young women. (I am sure that would never be a question that would be asked now!)”

“I am currently a Delegate to the American Medical Association (AMA) and am past chair of the AMA Council on Science and Public Health. I am sure that Dr. Allman (past president of the American Medical Association and past president of the Miss America Pageant, and whose named medical school scholarship I was awarded at the Miss America Pageant) would be particularly proud of this!”

“My experience with the Miss America and Miss Georgia pageants not only helped me by providing scholarship money to pay for college (and medical school) but also helped me better connect with people--a skill that I use every day as a practicing physician. The experience I received speaking in front of groups and meeting people also helped prepare me for my subsequent positions as president of the American College of Physicians and as Medical Correspondent for CNN Headline News.”

“I loved the talent competition (I performed a tap dance). I started dancing lessons when I was 3 years old, and I still dance. I was able to use this talent in a meaningful way in the Dancing Stars of Atlanta competition. I won the Judges Choice for my ballroom dance and personally raised \$130,000 for the Alzheimer’s Association, Georgia Chapter. I have attached a photo of me holding my mirror ball trophy along with my family.”

Miss America
SINCE 1921

Miss America
FOUNDATION

Dr. Sandra Fryhofer
Miss Georgia 1976

