

# 2016 Motivation-A-Thon Schedule



**9:15 - 9:45 am Kurt Faustin**

**Try Umph.** Are you looking for a jolt to your goals? Are you in pursuit of your dreams, but they have yet come to fruition? Kurt Faustin will lay out the key steps to obtain your riches in life! Kurt Faustin, CEO of TriUmph, is dedicated to helping create hope and inspiration to people of all walks of life. From speaking at corporate events to running a regular program in Boston Pre-Release Prison, Kurt provides tangible steps through his UMPH Philosophy. The only question is, are you ready?



**9:45 - 10:15 am Ann Fafard**

**How Vibe-a-licious are you? Are you stuck in a rut or is your energy flowing with yumminess?** We all get stuck at some point in our lives. Sometimes it's just a dot on our lifeline and other times it can last for decades. Whether for a dot or a decade, being stuck does not feel empowering – to you or to those around you. Your “Vibe”; the way you show up in your life can feel drained, uninspired and lack confidence & attract more of the same lack luster energy. Or... just the opposite. Your choice. After a challenging childhood, Ann Fafard set out on a lifelong pursuit of happiness, loving relationships and positive experiences. Her 3 ½ decade deep dive into self mastery paid off as it helped her create a simple concept she teaches to quickly & gracefully move through challenges and feeling stuck - so you can feel Vibe-a-licious again!



**10:15 - 11 am Steve Gamlin**

**Attitude, Action, Traction (Keys to the Helpers High)!** So many people SAY they wish they could give more...yet many do not. In this 30-minute presentation, Steve will show that you simply need to: 1) choose the right ATTITUDE 2) take the right ACTIONS 3) gain TRACTION. Now in his 12th year as a speaker and author (which is just over HALF WAY to 'overnight success'), Steve Gamlin has three simple goals as *The Motivational Firewood Guy*. 1) be memorable (for good reasons) 2) be REAL 3) give back, every day



**11 - 11:30 am Rick Adair**

**Proof of Universal Love .** February 22, over the course of 39 years, three major events happened to Rick on that date - one horrible tragedy, one supernatural experience and one special relationship was formed. For all three, it was always -all about LOVE. This is a story of tragedy, healing and triumph. Rick is a musician, songwriter, a author, actor and philosopher. He and wife Debby are currently living the life of full time RV'ers and traveling the country in a custom made camper van which Rick created. They have new adventures, or as they like to call it “making speech material” every day.



**11:30 - 12 pm Rocky Morelli**

**Disability Interrupted.** As Executive Director of Opportunity Networks, an agency that assists disabled adults in reaching their fullest potential by involving them in skills training, community participation and employment for the past 29 years, Rocky serves as a role model through his story of overcoming Multiple Sclerosis. Striving for quality of life while facing the daily challenges of living with a disability can be a daunting task. Managing symptoms, energy levels, and the motivation to succeed can be a powerful tool in experiencing a fulfilling life. “My journey of removing barriers and creating success in the face of adversity for myself, and the other disabled individuals I support, will be shared as an inspiration for others.”



**12:45 - 1:15 pm Molly Salans**

**How to Transform Depression and Anxiety into Deep Solid Peace and Inner Power.** Did you know that depression and anxiety are beasts that dwell deep with-in us? They take over our minds and hearts and create a belief system so strong, we don't question their validity! This talk will help you transform and will bring you into a place of creativity and inspiration. A unique and transformative experience, working with Molly will help you develop your own healing tools that will last a lifetime. Healer and psychotherapist, Molly Salans, LICSW, brings over two decades of experience of deep listening, empathy, inspiration and channeling to all she works with.



**1:15 - 1:45 pm Dale Randall**

**Throw it All Away.** This program will focus on how to bring awareness to misguided fears (social programming), teach how to shed your worries and how to create priorities in your life to lead a happier life. Dale Randall has been happily married for over 30 years and has two grown sons. He has been in the sales management professional for over 30 years; working with large corporations and recently participating in a new “start-up” company. He is a Distinguished Toastmaster – the highest educational award attainable from the highly regarded communication and leadership program, Toastmasters International.



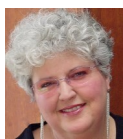
**1:45 - 2:15 pm Alan Cote**

**Life by a Thread.** Most of us live our lives as if it will ALWAYS BE just as we imagine. As we journey along our path – rarely does that occur. Life as we know it can be shattered in an instant by outside forces beyond our control. Alan will share stories, skills and success-strategies to help rebalance our expectations, experiences and energy. Alan Cote began his life as a sever stutterer, but through his focus on Toastmasters International, he became a Distinguished Toastmaster, a member of the National Speakers Association and an International Professional Speaker. A Presenter, Trainer and Coach with GlobalVision!, he works with corporations, non-profits and individuals to assist in developing skills for success.



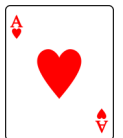
**2:30 - 3 pm Peter Adzima**

**Living Beyond your Afflictions.** Nearing his 40<sup>th</sup> birthday, Peter was diagnosed with a potentially fatal disease. Yet, dealing with this affliction sparked him to live the life he was meant to lead – sparking others to live the life they meant to lead. Peter Adzima is a Speaker/Songwriter/Singer, a massage therapist and hypnotist. A graduate of the Massachusetts College of Liberal Arts, he combines multiple disciplines to deliver a message of perseverance.



**3 - 3:30 pm Omi Preheim**

**“I AM”** It is such an exciting time to be alive in our world that is in a great awakening. This talk will be about a “way of being” in the world that is anchored in now “I AM” presence. This inner presence, or the divine spirit within, reveals the keys to answering significant questions of life, creates gifts, and manifests miracles. Omi Preheim is a multi-passionate entrepreneur, an inner space traveler, and a practical mystic. She offers a hand of spiritual mentor-ship to explore the NOW of life and facilitate the discovery of the divine, quiet, and radiant center that lives within each of us.



**3:30 - 4 pm Marsha Sprague**

**It's in the Cards.** Did you know that everyone has a birth card? Your birth card tells you all about yourself. Would you like to be able to tell how compatible you are with everyone you know or meet? It's in the cards. Come listen to this amazing program and find the secrets to “the cards.” Marcia Sprague has been providing transformational consultations and classes on the Science of the Cards since 2002. She is a professional trainer, a Reiki Master, and has worked with many healing modalities since 1980.



**4 - 4:30 pm Debby Hoffman Adair**

**Do the Right Thing and it will Never turn out Wrong.** When she was 15 years old, a simple statement uttered by her father sparked a lifetime perspective that changed the course of her life and those around her. Debby Hoffman Adair is a 25 year veteran of the professional speaking industry, past president of the New England chapter of the National Speakers Association, the founder and CEO of In the Presence of Positive Women (IPPW.org) and the creator of Motivation-A-Thon, an company that helps not-for-profit organizations raise funds and awareness for their cause.