

SABBATH PRAYER

Use this prayer to begin your Sabbath day or daily to prepare your heart for Sabbath day.

O God, in the midst of this busy life, lead us to find refreshment and peace. Re-create in us your holy rhythm of ministry and Sabbath. Grant that we may find times of quiet stillness to rebuild our bodies, renew our minds, and restore our souls. Grant us a sanctuary of time where our hearts are drawn to you in adoration, love and praise. All this we ask in your holy name. Amen.