

OFFICIAL VIRGINIA WINE LOVER FAVORITE CHILI RECIPE

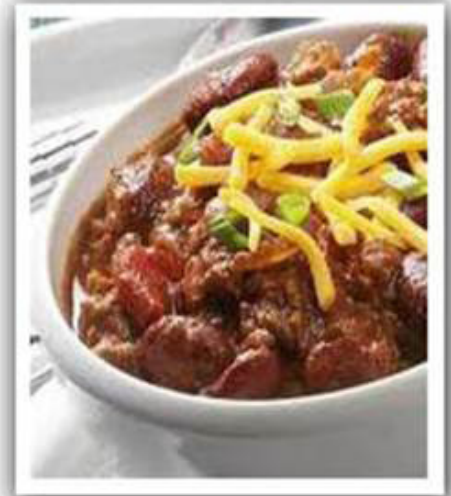
*(Originated at the Texas Ranch
of President Lyndon Johnson)*

(Serves 6)

- 4 lbs lean ground beef
- 1 large onion, chopped
- 2 garlic cloves, minced
- 2+ T chili powder
- 1 tsp dried oregano
- 1 tsp ground cumin
- Salt and pepper to taste
- Several dashes of Tabasco
- 2 cups hot water
- 1 ½ cup canned whole tomatoes, undrained
- (2 cans kidney beans, optional)

Instructions:

Cook ground beef, onion and garlic until lightly browned. Add chili powder, oregano, cumin, salt, pepper and Tabasco. Add water, tomatoes and beans and bring to a boil. Reduce heat and simmer for 1 hour. Skim off fat during cooking. Serve topped with shredded cheddar cheese. (Serves 6)



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