

Every person on a school campus plays a unique role in influencing a climate that is supportive and positive for all students. NAMI on Campus High School (NCHS) was created to make the climate on high school campuses supportive and more accepting of people with mental illness or those experiencing mental health issues, while also educating students and faculty about mental health. Studies have shown that stigma is the greatest barrier to seeking help for a mental health condition. We aim to reduce stigma at a younger age to better position young people to address their mental health concerns earlier on and create lifelong advocates.

Training Opportunity: NCHS Training Day Advisors and Student Leaders interested in mental health and wellness can join us in learning about running a successful NAMI on Campus High School Club (NCHS). NCHS is a peer club that raises mental health awareness and reduces stigma on high school campuses.. Student leaders will be empowered during the training with:

- Toolkits and templates
- Materials
- Resources

Advisors will also receive training on their role as a trusted adult and mental health resource for students.

Who Should Attend?

High School Students who wish to join a staff advisor in forming a NAMI on Campus Club. Each club should have one faculty advisor who has interest in supporting student wellness and a minimum of 7 students. Student teams should reflect the population of the school (i.e. not solely made up of 9th or 12th grade students).

Presenters:

Kelly Boyles, NAMI Program Coordinator
Beth Larkins, NAMI Director of Programs
Monica Nepomuceno, Education Programs Consultant, California Department of Education
Michael Lombardo, Director Interagency Facilitation Placer County Office of Education

NAMI on CAMPUS



When: November 13, 2014
Cost: Free - Lunch will be provided
Time: 8:30 a.m.– 3:30 p.m.
Where: Contra Costa County Office of Education
Board Room
77 Santa Barbara Road, Pleasant Hill, CA

To apply for this training opportunity, contact your Host County Coordinator Lindy Khan
925-942-3343 or lkhan@cccoe.k12.ca.us

For more information, contact Michael Lombardo:
530.745.1493 or mlombardo@placercocoe.k12.ca.us

This training is by invitation only and all school districts participating should meet the following:

- **Have a plan to implement EBL in participating schools**
- Or
- **Have a Student Advisor with Mental Health Background**
- **Have the commitment of Superintendent and Site Principal**
- **Be able to support a minimum of one NAMI on Campus Club meeting and activity a month**