



**Ohr Ami – The Jewish Hospice Program**  
invites you to its

## **JEWISH BEREAVEMENT SUPPORT GROUPS**

Facilitated by Rabbi Aliza Berk, LMFT

*While each individual processes grief and loss differently, healing is enhanced by sharing with others who have experienced loss. Together, the group will address the social, psychological, emotional, religious and spiritual dimensions of the bereavement process from a Jewish perspective.*

Offered in two locations:

Congregation Beth Israel (UTC)  
Wednesdays 11:00 - 12:30 p.m.  
May 4, 11, 18, 25 and June 1, 8

Seacrest Village (Encinitas)  
Thursdays 1:00 - 2:30 p.m.  
May 5, 12, 19, 26 and June 2, 9

**Pre-registration is required.**

For further information and to register, contact Rabbi Berk  
by phone at 858-220-5412 or by email at [alizaberk@gmail.com](mailto:alizaberk@gmail.com).

Cost: \$18 per session (financial assistance available)

This program is funded by a grant from the  
LightBridge Hospice Community Foundation

with a special contribution by Thomas Sickinger  
in loving memory of Vera Sickinger z"l

Thanks to Congregation Beth Israel and Seacrest Village for hosting these groups.