

## Middle School Track 2016

Parents and athletes, welcome to the 2016 Cornerstone Track season! Though we do not have facilities to host and must get creative to practice this sport, CCA has a rich history of qualifying athletes for the District, and even State Meets.

CCA's head track coach is Kielly MacKenzie. Coach MacKenzie has a vast track background and is knowledgeable in many field, as well as, running events. Coach MacKenzie's staff consists of Annette Gaston and Robert Mason. Coach Gaston has a wide range of track knowledge and will be focusing mainly on the sprinters and long jumpers. Coach Mason will be working mainly with the distance runners.

Practices will be daily from 3:30-5:00 beginning Monday, March 28, pending school activities and track meets. There are only a few schools in the Metro Christian League that have tracks. As a result, meets tend to be few in quantity and huge in attendance. We always attempt to get permission to attend a local track meet. Please check the Athletic Calendar for updates.

### **Currently, the season is as follows:**

April 13 OES

April 19 Portland Christian

May 5 Sub districts @ Portland Christian

May 10 MCL District Championships @ Portland Christian

May 19 Oregon Meet of Champions @ Corvallis High School

We look forward to a fantastic season!

