



March 2019 Menu

Items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
4 Snack: Yogurt, Mixed Berries, Milk Lunch: Soft Tacos (Beef, Lettuce, Tomato, Whole Wheat Tortilla), Melon, Milk Snack: Saltines, Apple, Water	5 Snack: Hardboiled Egg, Pear, Water Lunch: Turkey & Cheese Whole Grain Wrap, Potato Wedges, Peaches, Milk Snack: Cinnamon Dipper-doodle Bar, Milk	6 Snack: Bagel with Strawberry Cream Cheese, Milk Lunch: Chicken Yakisoba (noodles, peas & carrots), Pine-apple Tidbits, Milk Snack: Pretzels, Cheese Cubes, Water	7 Snack: Rice Chex Cereal, Milk Lunch: Meatloaf, Corn, Mandarin Oranges, Whole Wheat Bread, Milk Snack: Graham Crackers, Milk	8 Snack: Apple Cinnamon Muffin, Milk Lunch: Orange Chicken, Broccoli, Banana, Fried Rice, Milk Snack: Carrot Crinkles with Ranch, Ritz Crackers, Water
11 Snack: Oatmeal, Milk Lunch: Chicken Nuggets, Carrots with Ranch, Apple Slices, Whole Wheat Bread, Milk Snack: Cottage Cheese, Peaches, Water	12 Snack: Bagels, Cream Cheese, Milk Lunch: Beef & Cheese Burrito, Vegetable Mix, Mandarins, Milk Snack: Carrot Crinkles with Ranch, Breadstick, Water	13 Snack: Whole Wheat Blackberry Omega Bar, Milk Lunch: Whole Grain Biscuit & Gravy, Sausage Patty, Broccoli, Peaches, Milk Snack: Applesauce, Graham Crackers, Water	14 Snack: Yogurt, Blueberries, Water Lunch: Taco Salad (lettuce, tomato, beef, cheese), Melon, Corn Chips, Milk Snack: Peaches, Saltines, Water	15 Snack: Tasteos Cereal, Milk Lunch: Whole Wheat Cheese Sandwich, Cucumber, Orange Slices, Milk Snack: Cheddar Fishy Crackers, Milk
18 Snack: Apple Cinnamon Muffin, Milk Lunch: Teriyaki Chicken Whole Grain Wrap, Zucchini with Ranch, Pineapple Tidbits, Milk Snack: Pretzels, Cheddar Cheese Cubes, Water	19 Snack: Oatmeal, Milk Lunch: Cheeseburger on Whole Wheat Bun, Cucumber with Ranch, Apple Slices, Milk Snack: Rice Cakes, Sunflower Butter, Water	20 Snack: Bagels, Cream Cheese, Milk Lunch: Beef Ravioli with Marinara Sauce, Steamed Peas & Carrots, Cantaloupe, Milk Snack: Orange, Ritz Crackers, Water	21 Snack: Tasteos Cereal, Milk Lunch: Tortilla Soup (chicken, white beans, tomatoes), Pears, Tortilla Chips, Milk Snack: String Cheese, Fresh Fruit, Water	22 Snack: Yogurt, Strawberries, Water Lunch: Turkey & Cheese, Carrots & Celery with Ranch, Bananas, Whole Wheat Crackers, Milk Snack: Whole Wheat Chocolate Chip Cookie, Milk
25 Snack: Whole Wheat Blackberry Zack Omega Bar, Milk Lunch: Chicken Salad with Cheese, Pineapple Tidbits, Broccoli with Ranch, Whole Wheat Crackers, Milk Snack: String Cheese, Ritz Crackers, Milk	26 Snack: Rice Chex Cereal, Milk Lunch: Whole Wheat Cheese Sandwich, Tomato Soup, Apple Slices, Milk Snack: Friendship Mix, Milk	27 Snack: Oatmeal, Milk Lunch: Spaghetti with Meat Sauce, Peas, Melon, Milk Snack: Whole Wheat Dipper-doodle Bar, Milk	28 Snack: Cottage Cheese, Pear, Water Lunch: Chef Salad (egg, chicken, cheese, tomato, lettuce) Orange Slices, Breadsticks, Milk Snack: Cheddar Fishy Crackers, Milk	29 Snack: Bagels, Cream Cheese, Milk Lunch: Egg Salad Whole Grain Sandwich, Carrots with Ranch, Banana, Milk Snack: Graham Cracker, Milk