



# March 2019 Menu

Items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <b>Snack:</b> Yogurt, Mixed Berries, Milk  <b>Lunch:</b> Soft Tacos (Beef, Lettuce, Tomato, Whole Wheat Tortilla), Melon, Milk  <b>Snack:</b> Saltines, Apple, Water	<b>5</b> <b>Snack:</b> Hardboiled Egg, Pear, Water  <b>Lunch:</b> Turkey & Cheese Whole Grain Wrap, Potato Wedges, Peaches, Milk  <b>Snack:</b> Cinnamon Dipper-doodle Bar, Milk	<b>6</b> <b>Snack:</b> Bagel with Strawberry Cream Cheese, Milk  <b>Lunch:</b> Chicken Yakisoba (noodles, peas & carrots), Pineapple Tidbits, Milk  <b>Snack:</b> Pretzels, Cheese Cubes, Water	<b>7</b> <b>Snack:</b> Rice Chex Cereal, Milk  <b>Lunch:</b> Meatloaf, Corn, Mandarin Oranges, Whole Wheat Bread, Milk  <b>Snack:</b> Graham Crackers, Milk	<b>8</b> <b>Snack:</b> Apple Cinnamon Muffin, Milk  <b>Lunch:</b> Orange Chicken, Broccoli, Banana, Fried Rice, Milk  <b>Snack:</b> Carrot Crinkles with Ranch, Ritz Crackers, Water
<b>11</b> <b>Snack:</b> Oatmeal, Milk  <b>Lunch:</b> Chicken Nuggets, Carrots with Ranch, Apple Slices, Whole Wheat Bread, Milk  <b>Snack:</b> Cottage Cheese, Peaches, Water	<b>12</b> <b>Snack:</b> Bagels, Cream Cheese, Milk  <b>Lunch:</b> Beef & Cheese Burrito, Vegetable Mix, Mandarins, Milk  <b>Snack:</b> Carrot Crinkles with Ranch, Breadstick, Water	<b>13</b> <b>Snack:</b> Whole Wheat Blackberry Omega Bar, Milk  <b>Lunch:</b> Whole Grain Biscuit & Gravy, Sausage Patty, Broccoli, Peaches, Milk  <b>Snack:</b> Applesauce, Graham Crackers, Water	<b>14</b> <b>Snack:</b> Yogurt, Blueberries, Water  <b>Lunch:</b> Taco Salad (lettuce, tomato, beef, cheese), Melon, Corn Chips, Milk  <b>Snack:</b> Peaches, Saltines, Water	<b>15</b> <b>Snack:</b> Tasteos Cereal, Milk  <b>Lunch:</b> Whole Wheat Cheese Sandwich, Cucumber, Orange Slices, Milk  <b>Snack:</b> Cheddar Fishy Crackers, Milk
<b>18</b> <b>Snack:</b> Apple Cinnamon Muffin, Milk  <b>Lunch:</b> Teriyaki Chicken Whole Grain Wrap, Zucchini with Ranch, Pineapple Tidbits, Milk  <b>Snack:</b> Pretzels, Cheddar Cheese Cubes, Water	<b>19</b> <b>Snack:</b> Oatmeal, Milk  <b>Lunch:</b> Cheeseburger on Whole Wheat Bun, Cucumber with Ranch, Apple Slices, Milk  <b>Snack:</b> Rice Cakes, Sunflower Butter, Water	<b>20</b> <b>Snack:</b> Bagels, Cream Cheese, Milk  <b>Lunch:</b> Beef Ravioli with Marinara Sauce, Steamed Peas & Carrots, Cantaloupe, Milk  <b>Snack:</b> Orange, Ritz Crackers, Water	<b>21</b> <b>Snack:</b> Tasteos Cereal, Milk  <b>Lunch:</b> Tortilla Soup (chicken, white beans, tomatoes), Pears, Tortilla Chips, Milk  <b>Snack:</b> String Cheese, Fresh Fruit, Water	<b>22</b> <b>Snack:</b> Yogurt, Strawberries, Water  <b>Lunch:</b> Turkey & Cheese, Carrots & Celery with Ranch, Bananas, Whole Wheat Crackers, Milk  <b>Snack:</b> Whole Wheat Chocolate Chip Cookie, Milk
<b>25</b> <b>Snack:</b> Whole Wheat Blackberry Zack Omega Bar, Milk  <b>Lunch:</b> Chicken Salad with Cheese, Pineapple Tidbits, Broccoli with Ranch, Whole Wheat Crackers, Milk  <b>Snack:</b> String Cheese, Ritz Crackers, Milk	<b>26</b> <b>Snack:</b> Rice Chex Cereal, Milk  <b>Lunch:</b> Whole Wheat Cheese Sandwich, Tomato Soup, Apple Slices, Milk  <b>Snack:</b> Friendship Mix, Milk	<b>27</b> <b>Snack:</b> Oatmeal, Milk  <b>Lunch:</b> Spaghetti with Meat Sauce, Peas, Melon, Milk  <b>Snack:</b> Whole Wheat Dipper-doodle Bar, Milk	<b>28</b> <b>Snack:</b> Cottage Cheese, Pear, Water  <b>Lunch:</b> Chef Salad (egg, chicken, cheese, tomato, lettuce) Orange Slices, Breadsticks, Milk  <b>Snack:</b> Cheddar Fishy Crackers, Milk	<b>29</b> <b>Snack:</b> Bagels, Cream Cheese, Milk  <b>Lunch:</b> Egg Salad Whole Grain Sandwich, Carrots with Ranch, Banana, Milk  <b>Snack:</b> Graham Cracker, Milk