



<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>1</b> <i><b>Snack:</b> Whole Grain Zack Apple Bar, Milk Water</i> <i><b>Lunch:</b> Turkey Dog on W.G. Bun, Green Beans Fresh Fruit, Milk</i>  <i><b>Snack:</b> Graham Crackers, Milk, Water</i>	<b>2</b> <i><b>Snack:</b> Yogurt Fresh Fruit, Water</i>  <i><b>Lunch:</b> Hot W.G. Cheddar Sandwich Steamed Carrots Fresh Fruit, Milk</i>  <i><b>Snack:</b> Banana Bread Milk, Water</i>	<b>3</b> <i><b>Snack:</b> Whole Grain Toasty O's Cereal, Milk Water</i> <i><b>Lunch:</b> Chicken &amp; Monterey Jack Cheese on W.W. Bread, Salad &amp; Ranch Fresh Fruit, Milk</i>  <i><b>Snack:</b> Carrots w/ Ranch Waverly Gold Crackers Water</i>	<b>4</b> <i><b>Snack:</b> Whole Grain Oatmeal, Milk, Water</i>  <i><b>Lunch:</b> Breakfast Burrito, Baked Tots Fresh Fruit, Milk</i>  <i><b>Snack:</b> Fresh Fruit Cheddar Cheese Water</i>	<b>5</b> <i><b>Snack:</b> Mini Bagel Cream Cheese, Milk, Water</i> <i><b>Lunch:</b> Turkey Gravy over Rice, Corn, Fresh Fruit, Milk</i>  <i><b>Snack:</b> Bean Dip Tortilla Chips, Water</i>
<b>8</b> <i><b>Snack:</b> Whole Grain Toasty O's Cereal, Milk Water</i>  <i><b>Lunch:</b> Cheese Lasagna, w/Marinara Sauce, Corn Fresh Fruit Milk</i>  <i><b>Snack:</b> Gold Fish, Milk Water</i>	<b>9</b> <i><b>Snack:</b> Mini Bagel Cream Cheese, Water</i>  <i><b>Lunch:</b> Chicken Strip Steamed Rice, Sweet Potato Puffs, Fresh Fruit Milk</i>  <i><b>Snack:</b> Fresh Fruit String Cheese, Water</i>	<b>10</b> <i><b>Snack:</b> Yogurt, Rice Cake Water</i>  <i><b>Lunch:</b> Turkey &amp; Cheese on W.W. Bread Salad &amp; Ranch, Fresh Fruit Milk</i>  <i><b>Snack:</b> Carrots w/ Ranch Animal Crackers, Water</i>	<b>11</b> <i><b>Snack:</b> Whole Grain Oatmeal, Milk Water</i>  <i><b>Lunch:</b> Pancake, Syrup Turkey Sausage Patty Baked Hash Browns Fresh Fruit Milk</i>  <i><b>Snack:</b> Apple, Soynut Butter, Water</i>	<b>12</b> <i><b>Snack:</b> H. B. Egg WG Blueberry Muffin Water</i>  <i><b>Lunch:</b> Bean &amp; Cheese Burrito, Steamed Carrots Fresh Fruit Milk</i>  <i><b>Snack:</b> W.G. Vanilla Crisp Milk, Water</i>
<b>15</b> <i><b>Snack:</b> Whole Grain Oatmeal, Milk, Water</i>  <i><b>Lunch:</b> Sweet &amp; Sour Chicken over Rice Broccoli , Fresh Fruit Milk</i>  <i><b>Snack:</b> Cottage Cheese Club Cracker, Water</i>	<b>16</b> <i><b>Snack:</b> Whole Grain Zack Berry Bar, Milk Water</i> <i><b>Lunch:</b> Burger Slider Steamed Carrots Fresh Fruit, Milk</i>  <i><b>Snack:</b> Monterey Jack Cheese, Fresh Fruit Water</i>	<b>17</b> <i><b>Snack:</b> Rice Chex Cereal Milk, Water</i>  <i><b>Lunch:</b> Egg Salad on W.G. Roll, Salad &amp; Ranch Fresh Fruit, Milk</i>  <i><b>Snack:</b> Apple Sauce, Low Sodium WW Saltines Water</i>	<b>18</b> <i><b>Snack:</b> Yogurt Fresh Fruit, Water</i>  <i><b>Lunch:</b> French Toast Sticks, Syrup, Turkey Sausage Patty, Baked Hash Browns, Fresh Fruit, Milk</i> <i><b>Snack:</b> Carrots w/ Ranch, Rice Cake Water</i>	<b>19</b> <i><b>Snack:</b> H. B. Egg WG. Apple Cinnamon Muffin, Water</i>  <i><b>Lunch:</b> Cheese Pizza Green Beans, Fresh Fruit Milk</i>  <i><b>Snack:</b> W.G. Chocolate Chip Cookie, Milk, Water</i>
<b>ECE CLOSED</b>	<b>ECE CLOSED</b>	<b>ECE CLOSED</b>	<b>ECE CLOSED</b>	<b>ECE CLOSED</b>
<b>29</b> <i><b>Snack:</b> Whole Grain Zack Apple Bar, Milk Water</i> <i><b>Lunch:</b> Turkey Dog on W.G. Bun, Green Beans Fresh Fruit, Milk</i>  <i><b>Snack:</b> Graham Crackers, Milk, Water</i>	<b>30</b> <i><b>Snack:</b> Yogurt Fresh Fruit, Water</i>  <i><b>Lunch:</b> Hot W.G. Cheddar Sandwich Steamed Carrots Fresh Fruit, Milk</i>  <i><b>Snack:</b> Banana Bread Milk, Water</i>	<b>31</b> <i><b>Snack:</b> Whole Grain Toasty O's Cereal, Milk Water</i> <i><b>Lunch:</b> W.G. Sunflower &amp; Jelly Sandwich, Salad &amp; Ranch Fresh Fruit Milk</i>  <i><b>Snack:</b> Carrots w/ Ranch Waverly Gold Crackers Water</i>		