

**ROCK STEADY  
BOXING**

**IN THIS CORNER, HOPE.  
FIGHTING BACK AGAINST PARKINSON'S**

## WE NEED YOUR HELP

**Rock Steady Boxing is hiring,** and we wanted to reach out to you for help instead of pursuing the typical routes of filling a position.

**Why?** You've had contact with us over the years in some way. You may even be a boxer who has Parkinson's disease, or you know someone who has benefited from our unique style of forced, intense exercise to combat the disease.

**You know what Rock Steady Boxing is about, our values,**

**and our style.** So we would much rather spend our time talking with you, or someone that you know, about our available job positions.



Here's what we're looking for:

**1. An Affiliate Specialist** who will assist in the implementation of Rock Steady Boxing's Affiliate Services program for boxing programs outside our headquarters location. This position involves heavy clerical work, strong interpersonal skills and is highly detail oriented. This is a **full-time position** that will require candidates to work some evenings and/or weekends as necessary at our location on Hillsdale Court in Indianapolis, Indiana. This is an entry-level nonprofit position with commensurate compensation.

### **Preferred skills & experience:**

- College degree from accredited university
- Previous nonprofit experience a plus
- Attentive to detail, dependable, responsible
- Personal connection to Parkinson's disease
- Basic computer skills including Microsoft Office programs
- Pleasant personality & willingness to learn new things

**2. A part-time Rock Steady Boxing Coach** who will assist the head Coaches and serve as Head Coach, when needed. This coaching position will require extensive knowledge in

physical fitness and a willingness to work with special populations. This coach needs to be willing to work as a team and accept constructive guidance from the more experienced coaches. Creative problem solving is a key component of being a Rock Steady Boxing Coach, as is the ability to generate a positive, uplifting experience for members on a daily basis. This position requires some evening and weekend hours.

**Preferred skills and experience:**

- Certification in personal training and/or group fitness from an accredited fitness organization
- Boxing or boxing-related fitness experience required
- CPR/AED Certification
- Knowledge of corrective exercise
- Physical strength to lift and assist persons in need and move heavy equipment around the gym
- Experience in a leadership role in a group fitness environment
- Willingness to learn about Parkinson's disease as directed by program directors
- Passion for helping person's with Parkinson's
- Ability to design creative curriculum for multiple levels of class
- Outgoing personality, sense of humor and ability to generate a fun working environment
- Basic computer skills required

**To apply for either position:**

Email [info@rocksteadyboxing.org](mailto:info@rocksteadyboxing.org) with your resume, cover letter and salary requirements. *\*No phone inquiries, please.\** If someone you know is interested, please forward this email.

**Thank you for helping us fight back against Parkinson's disease!**