



# Do you want to help build stronger families in our community?

## Volunteer for Parent Café!

Offered by Families First, Parent Café is a discussion event for parents and caregivers in our community. At Parent Café, participants engage in guided conversations where they share parenting concerns and tips, thereby growing as individuals. Please see below for details:

**Date:** Mondays from January 11 to February 15

**Time:** 5:30–7:30 PM

**Location:** East Tenth United Methodist Children and Youth Center  
(2327 10<sup>th</sup> Street, Indianapolis, IN 46201)

***We are currently seeking Parent Café volunteers for the following positions:***

### 1. Child Care Volunteers—**URGENT NEED!**

Volunteers will be responsible for taking care of children who accompany their parents and caregivers to Parent Café. \*Must be at least 18 years old; must pass a background check; must participate in at least 2 Parent Café sessions.

### 2. Table Host Volunteers

Volunteers will be responsible for facilitating discussions among guests at Parent Café. \*Must be at least 18 years old.

For more information on how you can help, please contact Chisato Sakamoto at [chisatos@familiesfirstindiana.org](mailto:chisatos@familiesfirstindiana.org) or 317-644-7207.

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