

Alysia Fornal

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Education

Indiana University: Bloomington, Indiana
Bachelors of Art: International Health, Minor: Public Health
Nonprofit Leadership Alliance: Certificate in Non-Profit Management
Phi Beta Kappa Honor Society member

Experience

Stepping Stones, Inc.: Bloomington, IN (May 2015- Present) *Interim Executive Director*

- Retain previous development duties in addition to Executive Director duties
- Increase operating budget by \$11,285 within 3 months of Directorship
- Increase community presence and collaboration through consistent outreach efforts
- Increased program support across multiple program areas in response to staffing needs
- Initiating a collaborative grant for a shared Development Director with another shelter
- Maintain all 13 grants for the agency with a \$300,000 operating budget
- Recruit, train, supervise and terminate necessary staff, volunteer or interns.

Stepping Stones, Inc.: Bloomington, IN (Jan 2015-May 2015) *Development Coordinator*

- Manage donor database
- Solicit, cultivate, and retain donors
- Created Annual Reports for distribution to the community
- Manage all media and marketing

Stepping Stones, Inc.: Bloomington, IN (Jan 2014-present) *Program Coordinator*

- Coordinate major program aspects such as 24 weekly educational sessions
- Supervise AmeriCorps Health Coordinator, Interns and volunteers
- Maintain documentation and reporting for several state and federal grants such as HUD, ESG, CARES
- Gather and report on annual statistics. Compile into annual report for community distribution
- Maintain social media and community outreach
- Maintain limited case load of residents from previous job description

Stepping Stones, Inc.: Bloomington, IN (August 2011-Jan 2014) *Independent Living Coach*

- Work with youth ages 16-20 who have previously been homeless to build the necessary skills to secure and maintain stable housing upon exit from the transitional housing program
- Coach in aspects of education, employment, healthy relationships, and household skills
- Assist youth in connecting with and maintaining mainstream benefits
- Coordinate and monitor health care needs for youth
- Conduct after care follow up for previous residents after program completion

Nonprofit Leadership Alliance (formerly American Humanics): Bloomington, IN (January 2009-Present) *Alum*

- Foster community connections and provide counsel for current nonprofit students
- Instructed on youth work, healthy eating, local food movements and gardening to current students
- Raised \$4,000 with students in the 2009 annual campaign by designing a brochure, writing direct mail pieces, face-to-face solicitations, and selling goods.

Local Growers Guild: Bloomington, IN (August 2011-August 2014) *Interim Board President, Board Secretary, Volunteer*

- Assisted with strategic planning and implementation
- Created promotional materials for distribution

People and Animal Learning Services: Bloomington, IN (June 2010-August 2013)

- Intern (2): Board and Organizational Development & Fund Development (June-September 2010)
- Volunteer: Provide instruction in therapeutic horseback riding lessons, assist where needed at special events

Options, Inc.: Bloomington, IN (September 2009-August 2011) *Direct Service Provider*

- Deliver holistic care and assistance to individuals experiencing disability
- Facilitate volunteerism, manage finances, administer health and nutrition advice

Professional Development

The Journey Fellowship, New Professional (2013- Current)

- Nominated and selected for a year-long fellowship for new professionals in the field of youth work
- Visited one city each quarter: performed cite visits, networked with other professionals, attended trainings

Indiana Youth Institute webinars and Lunch and Learns (2011-current):

- Child and Adolescent Mental Health
- Transforming Indiana's Workforce
- Understanding Trauma-Informed Care
- Understanding the Impact of Trauma
- Human Trafficking Awareness
- Project Safe Place, Building a Youth Safety Plan
- Youth Well-being Trends in Monroe County

Indiana Youth Institute: Because Kid's Count Conference (December 2011, 2012, 2013)

- Attended several workshops on the development of the youth in Indiana
- Networked with other nonprofit professionals on youth programs

Health Coverage Advocate, Cover Monroe (October 2014)

- Certified Health Coverage advocate.
- Trained on recent provisions of the ACA, HIP, Medicaid, etc.

ONTrack Program Resources, Webinar (September 2013)

- Presenters, Ray DiCiccio MSW, CWC and Rosalind Corbett MS, RAS give strategies for motivational interviewing
- Examined case examples and identify key components to successful integration of the brief intervention, Motivational Interviewing model in various systems and settings, including: school, community, health care, and others.

Youth Services Bureau, Bloomington, IN (April 2013)

- 16-hour training on Trauma Informed Care
- Best practices for service providers working with youth experiencing trauma

Meadow's Psychiatric Hospital, Bloomington, IN

- Training on DBT for clinicians and community members, Terre Haute, (September 2013)
- Training on treatment plans for individuals with disordered eating (August 2013)
- Training on preventing Child Abuse (April 2013)
- Training on Genderqueer: understanding the spectrum of gender identity (March 2012)
- Training on stress reduction for clinicians and their clients (October 2012)
- Training on youth suicide (July 2012)

Community Justice and Mediation Organization: 32-hour Mediation training (October 2011)

- Certified to co-mediate community conflicts
- Developed unbiased communication and analytic skills

Nonprofit Leadership Alliance Management Institute: Phoenix, AZ (January 5, 2010)

- Created a timeline of objectives to increase board member participation and fundraising efforts of the nonprofit, Native American Connections, included a presentation to the board of directors
- Attended workshops with presentations by various individuals of high regard on current nonprofit issues

Skills Summary

Development, Resource management and allocation, Organization, Project management, Staff supervision, Program design, Graphic design, Data collection and analysis, Photography, GiftWorks, Photoshop, Illustrator, ETapestry, InDesign, Microsoft office Word, PowerPoint, and Excel.

Personal Mission Statement

I am a passionate, hardworking individual that strives to create a wake of positive energies in a high stress and under-resourced sector of nonprofit work.