

Feel **STRESSED** like *this*????



But you'd rather feel like **THIS**????!



Tuesday, May 28th!
Jennifer Emperador
Beth Lawrence

RELAX with Essential Oils!

- Proven effective
- Chemical free
- Non-toxic
- Non-addictive
- Earth friendly
- Pure and natural



"Diego and colleagues demonstrated that people receiving lavender oil (10%) olfaction for 3 minutes felt significantly more relaxed and had decreased anxiety scores, improved mood and increased scores of alpha power on EEG (an indicator of alertness), and increased speed of mathematical calculations."

Join Us for our Monthly Class on Natural Health!

We'd like to share our passion for doTerra Essential Oils and their many health benefits. If you are looking for natural alternatives to Zanax, Valium, and Ambien, and want to feel calm without drugs or chemicals, come to this informative class.

Jennifer Emperador 480-265-5363

Beth Lawrence 206-778-2102

What: Stress Less with Essential Oils

When: **TUESDAY, MAY 28TH, 2013**

Where: Beth's house

4619 E Cheyenne Dr; Ahwatukee, 85044

Time: 6:30 PM- 8:00 PM

Other: Please RSVP:

msjenniferperador@gmail.com

Bring a friend! Samples and prizes!