



OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

at UNC
ASHEVILLE

Grow through life

SUMMER 2015 CLASSES & EVENTS



from the director

Recently the OLLI Steering Council held a retreat to envision what OLLI might look like in 2025, ten years from now. We considered our core purpose, our clients, our connection to the community, our “delivery systems,” and our resources. We envisioned how technology might allow us to connect with experts around the world and to serve people who cannot attend classes at the Reuter Center. We contemplated serving multiple generations of lifelong learners, and debated what today’s 45 and 50-year-olds might expect from creative retirement when they are ready to be members of OLLI at UNC Asheville. Our facilitator Steve Barone encouraged us to think big and to ponder how we might reinvent ourselves to meet the evolving needs of older adults.

When we read books or see films set in the future, we often focus on the technology. We picture a world where medicine offers miraculous cures and where the chores of everyday life are taken care of by machines. A Pew Research Center report imagining the year 2025 focuses on the ways faster Internet access will continue to change the ways we define “being together” and emphasizes that our options and ability to communicate and connect online will be increasingly sophisticated. The researchers envision virtual reality that will be as compelling and convincing as real life. They argue that the connections made possible by technology, especially in healthcare and education, will lead to changing the ways we think and feel and understand our environment and one another. The researchers stimulate us to imagine a life made better by technology in service to goals of connection and self-improvement, and social good.

On the other hand, many visions of the future express our anxiety that our technology will rule us rather than improve and enhance our lives. We may remember the computer HAL 9000 seizing control of the members of the crew of a spacecraft bound for Jupiter in 2001: A Space Odyssey, a nightmare vision of the ways that artificial intelligence may exceed the power of its human creators. Every day we read reports about the ways that being connected 24/7 can diminish our sense of reality, can lead to “nature deficit” and can make us a nation of people addicted to our screens, connected virtually but not actually. We know that our reliance on technology can make us vulnerable to hackers or power outages. While we may look forward to the benefits



technology brings, we also harbor a nagging sense of anxiety about its costs.

These two ways of looking at the future and technology remind us that as we begin to dream big, we should assess what we really value about our experiences at OLLI and what we do uniquely well. We consistently hear that our members value the sense of community they feel with other people who approach “life’s second half” with a sense of intellectual curiosity, purpose and creativity. We are committed to being “member driven and member led,” which means that we will always have a clear sense of who our members are and we will be attuned to their vision of how we can best meet their needs. Technology may change the ways we carry out these values, but they need not change the values themselves.

In contemplating change and improvement, the challenge is always to make sure that we remain open and flexible to new possibilities at the same time that we understand and remain true to what makes us unique. It is stimulating to imagine how we bring the best of the present into the future. We are lucky to be part of a community that has the capacity to look forward with hope and anticipation because it has a track record of maintaining a sense of values and purpose in a history of change and growth. To 2025 and beyond!

A handwritten signature in cursive script that reads "Catherine Frank".

Catherine Frank
Executive Director, OLLI at UNC Asheville



about our programs

COLLEGE FOR SENIORS is your opportunity to learn something just for the fun of it. Courses in this program are taught by members who have passion and professional expertise and by UNC Asheville faculty and independent scholars in our area. Courses range from Shakespeare to iPads, political analysis to mask making, yoga to opera. We offer four terms throughout the year, each one with different courses and opportunities.

LIFE TRANSITIONS PROGRAMS include *Paths to Creative Retirement* (Paths), *Creative Retirement Exploration Weekend* (CREW), *Exploring CCRCs*, and *The Gift of Time*. These programs are structured as thought-provoking seminars and workshops designed to challenge and inspire you to make the retirement phase of your life as fulfilling as you had always hoped and to help you find the tools to navigate change.

WORKSHOPS provide short-term, concentrated, hands-on learning opportunities for those with busy schedules looking for evening and weekend offerings. Whether you want to learn new computer skills or how to make jewelry, there is a Workshop for you. You don’t have to be an OLLI member to participate.

LEADERSHIP ASHEVILLE SENIORS is your chance to become engaged within the Asheville community. This program consists of a series of day-long seminars held at various sites in Buncombe County. Each of the sessions in the nine-week program acquaints you with the area’s history, people, institutions, and challenges by providing opportunities to meet with community leaders, activists, and politicians. One of the main goals of the program is to open the door to civic engagement and volunteering for participants eager to bring a lifetime of experience to improve their community.

events calendar

May

8	Summer 2015 catalog mails and is available online
8	Symphony Talk, 3 pm
8	Senior Games Closing Ceremony, 6 pm
10	Carolinas' Nature Photography Association, 5:30 pm
13	f/32 Photography Group, 7 pm
15	Spring College For Seniors (CFS) classes end
15	Opera Talk, 3 pm
19	Summer 2015 Registration, 8 am
19	Elisha Mitchell Audubon Society, 7 pm
31	Asheville Living Treasures Recognition Ceremony, 1 pm

June

1	Summer 2015 class schedules sent
2	Summer 2015 Registration Add/Drop begins, 8 am
4	Astronomy Club of Asheville, 7 pm
5-7	CREW Workshop (OLLI and the Reuter Center closed to all other activities)
10	f/32 Photography Group, 7 pm
14	Carolinas' Nature Photography Association, 5:30 pm
15	College for Seniors summer classes begin
16	Elisha Mitchell Audubon Society, 7 pm
17	Montford Park Players Perform, 9 am
17	Advance Care Planning Workshop, 7 pm
19	Opera Talk, 3 pm
28	Autumn Players Readers Theatre, 2:30 pm

July

3	OLLI office and the Reuter Center closed for Independence Day
5	Innovation MOTION 2015 Performance, 2 pm
8	NC Stage "Behind the Scenes," 9 am
8	f/32 Photography Group, 7 pm
12	Carolinas' Nature Photography Association, 5:30 pm
15	Membership Roundup Barbecue Social, 4:30 pm
17	<i>Medicare Choices Made Easy</i> Information Session, 2 pm (registration required)
24	Opera Talk, 3 pm

August

6	Astronomy Club of Asheville, 7 pm
7	Fall 2015 catalog mails and is available online
9	Carolinas' Nature Photography Association, 5:30 pm
18	Fall 2015 registration opens
20	Storytelling Event, 6 pm
21	Opera Talk, 3 pm
28-30	Paths Workshop, (OLLI and the Reuter Center closed to all other activities)

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Center Steering Council 2015-16

Chair: Patrick Chitwood

Chair-Elect: Karen O'Hara

Secretary: Jacob Cohen

Past Chair: Judy LaMée

OLLI Executive Director: Catherine Frank

Committee Chairs

Civic Engagement: Sarah Reincke

College for Seniors: Dennis Murphy &
Bobbie Rockwell

Facilities: Barry Mundt

Finance: Terry Reincke

Inclusion: Steve Kaagan

Life Transitions: Dave Castel

Marketing: Kirk Borland

Membership: Sandy Bowles &
Kathleen Mainardi

Nominating: Karen O'Hara

Planning: Catherine Jordan

Mission:

OLLI at UNC Asheville's mission is to provide opportunities to thrive in life's second half through programs in lifelong learning, leadership, community service, and research.

olli membership

Your gateway to OLLI at UNC Asheville (OLLI) programs and events is annual membership. We are offering a summer 2015 membership fee of \$30 which covers the membership period of May 1, 2015 to July 31, 2015. Member benefits include:

- ★ **UNC Asheville Parking Pass**
- ★ **UNC Asheville Photo ID (One Card)**
- ★ **UNC Asheville Ramsey Library borrowing privileges**
- ★ **Quarterly course catalogs**
- ★ **OLLI at UNC Asheville weekly electronic newsletter**
- ★ **Rental use of the Reuter Center for personal events after one year of membership**
- ★ **Use of UNC Asheville wireless Internet**
- ★ **Access to:**
 - Special Interest Groups (SIGs, p. 5)**
 - Activities, Programs and Special Events (p. 5-9)**
 - College for Seniors (p. 13-33)**
 - UNC Asheville Health & Fitness Center (p. 5)**

PARKING: OLLI members may park in any white-lined space (not marked as visitor parking) on campus, provided they display a current OLLI parking decal on the driver's side of the rear window. Please be aware of the parking lot on Campus View Drive, a short walk from the Reuter Center. Complete a parking form in the OLLI office to obtain your decal. If you sell or trade your vehicle, please remove your decal or provide a bill of sale to the OLLI staff to obtain a free replacement decal. There is a \$20 replacement fee for lost decals or for individual members who need more than one decal.

NAMETAGS: Leave your name on the list at the desk outside the Reuter Center office, and we will make you a nametag. Wearing a nametag at all OLLI events and classes helps people get to know you.

ONECARDS: OLLI members may obtain a OneCard, the official UNC Asheville photo ID card, in Highsmith University Union. With a OneCard you may receive UNC Asheville discounts at local businesses and at university special events. You may deposit funds on the OneCard either in the OneCard office or in automatic deposit machines in Highsmith Union or Ramsey Library, to be used in many of the campus dining venues, including the Reuter Café. If you obtain an annual sticker for your OneCard through UNC Asheville Police, you may ride Asheville Transit at no cost.

RAMSEY LIBRARY: OLLI members have borrowing privileges at UNC Asheville's Ramsey Library. The OneCard is your library card. Please be aware that OLLI members do not have access to online resources.

WIRELESS INTERNET ACCESS: You may register to use the campus wireless network by stopping by the Reuter Center front desk and asking for a voucher code and instructions to register your devices. Please note that each device must be registered in order to use the wireless network, which is encrypted and secure.

DINING OPTIONS: The Reuter Café on the Center's lower level is not open during College for Seniors summer term, but there are soda and snack vending machines on the Center's lower level. There are limited dining options on campus during the summer, so this is the season to brown bag or to enjoy one of the restaurants on Merrimon Avenue, only a short drive away.

NEED MORE INFORMATION? Check out these resources:

OLLI Website: www.olliasheville.com

Campus Map: www.unca.edu/campusmap

UNC Asheville Events: www.news.unca.edu

The Reuter Center Office—Open Weekdays, 8 am to 5 pm
828-251-6140

registration—summer term 2015

INITIATE your OLLI membership (or proceed to the next step if you are already a 2014-15 member)

- Complete membership form, p. 17 or 19
- Pay \$30 membership fee and receive membership from May 1 through July 31, 2015
- Mail in or drop off form and payment at the Reuter Center office anytime
(Cash or check payable to OLLI only—**we do not accept debit or credit cards**)

REGISTER for classes starting May 19, 8 am (please note that OLLI members line up early to get their first choice of courses)

Note: Registration forms will be processed in order of date received at the Reuter Center on or after May 19. Forms submitted during registration on May 19 will be processed before registrations mailed or received prior to May 19.

- View catalog (hard copy or online at www.olliasheville.com)
- Complete registration form, p. 17 or 19
- Mail in or drop off at the Reuter Center office with payment
(Cash or check payable to OLLI only—**we do not accept debit or credit cards**)
- To apply for a scholarship for College for Seniors program fees, submit a scholarship application with your registration form. See p. 13 for details

RECEIVE registration confirmation to be sent Monday, June 1, and again on Monday, June 8.

- Add/Drop begins Tuesday, June 2, 8 am, and continues through the second meeting of a course

Involving yourself with the OLLI at UNC Asheville community is stimulating, challenging, and fun. In addition to classes we offer through the College for Seniors and Workshops, there is a wide variety of activities that offer the opportunity to learn and socialize.

Seniors' Health Insurance Information Program

Older adults need accurate information about Medicare and insurance. If you would like to help seniors in our community with these often confusing and intimidating issues, the Seniors' Health Insurance Information Program (SHIIP) needs you. Contact OLLI member Kenn Haring at kennharing@charter.net for more information; this project is a partnership between OLLI and the Buncombe County Council on Aging.

Health and Fitness Center Membership

Fee: \$350 annually

OLLI members are invited to join the UNC Asheville Health and Fitness Center with facilities in the Sherrill Center and the Justice Center on campus. Use the registration form on page 18 or 20 to join. You will be asked to fill out an additional form outlining the terms of the membership, including information about hours of access. Membership is valid for one year from the date of enrollment. For more information, contact Ann Cadle at 828-251-6384 or acadle@unca.edu.

special interest groups—SIGs

Once you're an OLLI member, you may join Special Interest Groups (SIGs) as another way to learn and develop friendships based on shared interests. All SIGs are approved and evaluated by the Membership Committee and are member-organized. To find detailed information about SIGs and information about how to initiate a SIG, call 828-251-6140 or visit our website at www.olliasheville.com and look for SIGs under "Center Groups."

Apple Users

2nd Fridays, 1:30-3:30 pm
Information: Paula Withrow, 350-8406,
pvwithrow@aol.com or Bob Mellor,
253-5031, bob.mellor@charter.net

Art SIG

Fridays, 1-4 pm
Information: Diane Chambers, 271-4645,
pdchambers@charter.net or Michelle
Breen, michellemichelle831@gmail.com

Beer on Tap

2nd Wednesdays, 4:30 pm
Information: Debra Benjamin, 708-3402,
debrabenjamin100@gmail.com

Bridge Buddies

Tuesdays, 2-5 pm
Information: Debra Benjamin, 708-3402,
debrabenjamin100@gmail.com

Bridge Grads

Thursdays, 2-5 pm
Information: Nina Hansen, 299-7711,
hansenn@charter.net or Kay Harrold,
257-4027, karonharrold@gmail.com

Conversing in Spanish

1st & 3rd Wednesdays, 4 pm
Information: Gracemarie Warren,
grc022412@gmail.com

Financial Strategies in Retirement

1st Fridays, 1:30 pm
Information: Kate Beatty, 231-7710,
kkbmom@yahoo.com

The Forum: Dialogue to Challenge Our Thinking

Fridays, 1 pm
Information: Eugene Jaroslaw,
255-9925, ejwestwood@gmail.com

Hooks and Needles

1st & 3rd Mondays, 2-4 pm
Information: Janet Hutchins,
janet01803@gmail.com

Intermediate Bridge

Fridays, 1-4 pm
Information: Ruth Hall, 541-490-6460,
ruth2458@gmail.com

Meditation

2nd and 4th Mondays, 4:15 pm
Information: Eileen Ayers,
eileena97@gmail.com or Richard
Sunshine, RSunshine415@gmail.com

Men's Wisdom Works

Call or email for meeting times
Information: Curry First, 450-1118,
cfirst@mac.com

Poetry Lovers

3rd Fridays, 1:30-3:30 pm
Information: Karen Depew,
depewkaren@yahoo.com

Stories for the Third Act

3rd Tuesdays, 4:30-6 pm
Information: Sarah Larson, 450-5462,
sarahlarso@gmail.com

Texas Hold'Em Poker

Mondays, 4:15 – 6 pm
Information: Bruce Jones, 338-0265,
bruce_e_jones@yahoo.com

Tile Clickers (Mah Jongg)

Wednesdays, 2-5 pm
Information: Rosemary Walton,
667-8979, rh68@bellsouth.net

Wine Tasting

2nd Sundays, 6 pm at a member's home
Information: Ulana Mellor, 253-5031,
Ulana.Mellor@charter.net

Wine Tasting II

3rd Sundays, 7 pm at a member's home
Information: Kathleen Mainardi,
633-2119, kkmainardi@gmail.com

Women's Groups

Call or email for meeting times
Information: Bobbie Bowen, 693-1523,
ravery09@gmail.com

A Writers' Gathering

2nd & 4th Thursdays, 4:15 pm
Information: John Himmelheber,
jxhimmelheber@gmail.com

special events—Summer 2015

OLLI at UNC Asheville enjoys partnerships with many organizations whose programming has special appeal or relevance to our members; partnerships increase our opportunities to provide learning opportunities and to be part of a larger community. **These events are open to the public, and most are free. Call 828-251-6140 for additional details.**

Advance Care Planning Workshop

An advance care planning (ACP) workshop is scheduled on **Wednesday, June 17, 7 pm**. The workshop will feature a panel whose members are experienced in addressing end-of-life issues. Discussion will include communicating your treatment wishes to loved ones and to medical personnel, ethical and legal issues, and the uses of advance directives. Ample time will be reserved for questions. Assistance will be provided for anyone wishing to complete a legally valid advance directive, including the notarization required in North Carolina, using the NC ACP "Short Form."

Asheville Living Treasures Recognition Ceremony

Asheville Living Treasures (ALT) is an organization whose mission is to honor the elders of Asheville and Buncombe County who have devoted their lives to making our communities a better place to live. ALT publicly honors selected older adults and their achievements and records their stories for future generations. Any person, age 70 and above, who resides in Asheville/Buncombe County is eligible for nomination. The spring recognition ceremony honoring the Treasures is scheduled for **Sunday, May 31, 1 pm** in the Reuter Center's Manheimer Room. For more information visit ashevillelivingtreasures.com or contact ALT committee member Carmen Ramos-Kennedy: 828-423-6476.

Astronomy Club of Asheville

The Astronomy Club of Asheville meets **the first Thursday of each month** (except July), **7 pm** with an interesting line-up of speakers and topics. OLLI members are welcome to attend the club meetings and star gazes, with club members on hand to advise and assist them in the basics of astronomy and the techniques of observing celestial phenomena. Participation at club meetings and events is free. For more information about the Astronomy Club of Asheville, visit their website at www.astroasheville.org

- **Thursday, June 4, 7 pm:** Dan Reichart, UNC Chapel Hill, Bowman and Gordon Gray Professor of Physics and Astronomy and director of Morehead Observatory, "Discovery of the Solar System: A Brief History of the Past 400 Years of Discovery"
- **Thursday, August 6, 7 pm:** Topic and speaker to be announced

Autumn Players Readers Theatre of the Asheville Community Theatre

The Autumn Players is a troupe of seasoned actors dedicated to taking the theatre experience into the community. Readings of great literature by experienced performers can spark deep understanding and kindle lasting interest. As words jump from the page with conviction and emotion, stories come to life. Performances begin at 2:30 pm and tickets are \$6 at the door.

- **Sunday, June 28, 2:30 pm:** *The Vanishing Point*, by Nedra Roberts, directed by Beth Ely. Trouble aplenty brews in southern Louisiana just before Hurricane Katrina. Not only is the coastline at grave environmental risk, but the St. Pe family is at risk of falling apart. The ending takes us to new possibilities, both for the environment, and for easing inter-generational conflict in a tumultuously changing world.

Carolinas' Nature Photographers Association

The Carolinas' Nature Photographers Association (CNPA) was founded in 1992 to promote nature photography in the Carolinas, to help conserve and preserve the diverse natural ecosystems in the Carolinas, and to educate those interested in nature and wildlife photography. The association is divided into regions for more close-at-hand activities. The CNPA-Asheville Region's goal is to develop a group that will more fully experience the beauty of Western North Carolina through photography. Activities in the Asheville region include monthly meetings, photo outings, seminars, workshops, exhibits, photo contests, and image critiques. The monthly meetings are held on the **second Sunday of each month**. Sessions begin at 5:30 pm with a meet and greet; meetings begin at 6 pm. For more information please visit www.cnpaasheville.org

- **Sunday, May 10, 5:30 pm:** Speaker and subject to be announced.
- **Sunday, June 14, 5:30 pm:** Clay Bolt, national history and conservation photographer, "The Dance: A Look at the Interwoven Lives of Pollinators, Plants, and Predators." Co-sponsored by Bee City USA.
- **Sunday, July 12, 5:30 pm:** Kate Silvia, CNPA-Asheville coordinator, on various post processing plug-ins to Lightroom and Photoshop.
- **Sunday, August 9, 5:30 pm:** Speaker and subject to be announced

Elisha Mitchell Audubon Society

The mission of the Elisha Mitchell Audubon Society (EMAS) is to promote an awareness and appreciation of nature, to preserve and protect wildlife and natural ecosystems, and to encourage responsible environmental stewardship. EMAS will hold meetings at the Reuter Center on the **third Tuesday of the month, 7 pm**. For more information see the EMAS website: www.emasnc.org

- **Tuesday, May 19, 7 pm:** Speaker TBA
- **Tuesday, June 16, 7 pm:** Nina Veteto, founder of Monarch Rescue, "Bring Back the Monarch Butterfly"

special events—Summer 2015 *continued***f/32 Photography**

f/32 is a diverse group that shares an appreciation and love of photography. Members range from amateurs who like to take point-and-shoot snapshots to working professional photographers. At monthly meetings, they share their work, learn new methods, and keep abreast of the latest industry news and equipment. OLLI members are offered free membership. Attend on **Wednesdays, May 13, June 10, and July 8, 7 pm** with a social time from 6:30 to 7 pm. For more information visit f/32's website: www.f32nc.org

Innovative MOTION Workshop

On **Sunday, July 5, 2 pm**, MOTION Dance Theatre Founder and chief creative officer Nick Kepley, will lead a 90-minute workshop utilizing the choreographic process as a visual model for the brainstorming technique known as "design thinking." This highly interactive program will challenge participants to free themselves of judgement and work more impulsively, allowing them to arrive at results which are both innovative and practical. This program is free and open to the public. For more information on MOTION Dance Theatre, visit their website: www.motiondt.com

Medicare Choices Made Easy

Are you new to Medicare? Are you confused by the many choices? Unbiased and accurate information is available from trained volunteers from the North Carolina Seniors' Health Insurance Information Program (SHIIP). In this partnership between the Buncombe County Council on Aging and OLLI, a free class will be held on **Friday, July 24, 2 pm**. This session will be an overview (plans, parts, and policies) of Medicare. Spaces are limited, and registration is required. Reserve your space by calling the Buncombe County Council on Aging, 277-8288.

Montford Park Players Perform!

On **Wednesday, June 17, 9 am**, come enjoy a behind the scenes look at "A Midsummer's Night Dream" as MPP's 2015 Outdoor Season begins. You will have a front row seat! Meet the director and some actors who will present Shakespeare's most beloved and fanciful romantic comedy. Peek in on a rehearsal and see the fairies cavort, the lovers squabble, and the rude mechanicals plot their hilarious charade! Come support Asheville's own iconic cultural treasure, North Carolina's longest running Shakespeare festival, The Montford Park Players. The presentation will include a look at the MPP's upcoming season, and is free and open to the public.

NC Stage Behind The Scenes.

On **Wednesday July 8, 9 am**, join NC Stage Artistic Director and co founder, Charlie Flynn-McIver as he takes you behind the scenes of the professional productions of NC Stage. We'll look into the themes of the plays, the rehearsal process, the design process, talk to actors, directors and designers and even have a scene or two from the upcoming show. Get an insiders view of the workings of a professional theatre!

Membership Roundup Barbecue Social

Join your OLLI friends for our fourth annual summer barbecue on **Wednesday, July 15, 4:30 pm**. Bandanas and cowboy hats are optional. Take this opportunity to socialize, enjoy great food, and sign up for your 2015-16 OLLI membership.

Opera Talks

Come enjoy a behind the scenes journey as Asheville Lyric Opera (ALO) general and artistic director David Craig Starkey and a cast of industry professionals guide you through their operatic world. Mark your calendar to attend these lively musical presentations on **Friday afternoons, May 15, June 19, July 24, and August 21 at 3pm** in the Manheimer Room. See page 34 for more details about individual programs. For more information about ALO programs and performances, visit ashevillelyric.org

Senior Games Closing Ceremony and Dinner

The 2014 Asheville-Buncombe Senior Games showcase competitors from around the area for a few unforgettable weeks of athleticism and fun. The Closing Ceremony and Dinner will be held at the Reuter Center, **Friday, May 8, 6 pm**, for registered competitors and their guests, followed by the Silver Arts Exhibit. For more information and to register, contact Dee Black at 828-259-5809 or dblack@ashevillenc.gov

Storytelling Event

The theme for this evening of storytelling is "Courage and Fortitude," and the sponsor is Stories on Asheville's Front Porch. Tellers include local tellers, members of OLLI's Special Interest Group (SIG) *Stories for the Third Act*, and a few surprise guests. Recommended donation: \$10 at the door. Find your resolve and join "Stories on Asheville's Front Porch," **Thursday August 20, 7 pm** in the Manheimer Room.

Symphony Talk with Daniel Meyer

The best way to enjoy the Asheville Symphony Orchestra's Masterworks concerts is to come to the Symphony Talk for the inside scoop on the music, composers and soloists. Come early to get a seat; this popular series is very well attended. Asheville Symphony Orchestra's music director and conductor Daniel Meyer will speak about the performance for the next evening's concert, and local music aficionado Chip Kaufmann will speak about the composers. For more information about the Asheville Symphony Orchestra, or to find out how to purchase tickets for performances at the Thomas Wolfe Auditorium, visit ashevillesymphony.org

- **Friday, May 8, 3 pm:** Debussy's *Rhapsodie*, Ellington's *Black, Brown, and Beige*, Milhaud's *Scaramouch*, and Ravel's *Daphnis et Chloé*. Saxophonist Joe Luloff will be on hand to talk about his solos.

life transitions programs

Members and staff of OLLI at UNC Asheville collaborate to offer unique and innovative programs to help participants navigate major life transitions. Payment options for all Life Transitions programs include cash, check, Visa, or MasterCard. For questions or to register over the phone, contact Laurel Jernigan, 828-250-3871/ljerniga@unca.edu

The Gift of Time program encourages participants to think about how to plan and communicate end of life wishes to spouses, partners, children, and parents. Trained facilitators and expert speakers, combined with the support of a group of peers, make this program truly unique.

REGISTRATION NOW OPEN!

Dates: May 19, 26, June 2, 9, 23, 2015

Cost: \$100 member/ \$110 non-member

More Information & Registration: www.olliasheville.com/gift-of-time



Exploring Continuing Care Retirement Communities

(CCRCs) helps participants assemble the relevant information and ask the right questions to see whether the CCRC is a living option that meets their needs. The course includes expert speakers and site visits to local CCRCs.

REGISTRATION NOW OPEN!

Dates: May 21, 28, June 4, 11, 18, 23, 24, 2015

Cost: \$150 per person

More Information & Registration: www.olliasheville.com/exploring-ccrcs



Paths to Creative Retirement (Paths), held twice each year, helps participants create a meaningful retirement based on their values and priorities. Sessions are facilitated by trained OLLI members in large and small groups.

Dates: August 28-30, 2015

April 15-17, 2016

Cost: \$850 per person

More Information: www.PathstoCreativeRetirement.com



The Creative Retirement Exploration Weekend (CREW)

focuses specifically on relocating in retirement—whether to Asheville or anywhere else. Our optional Sunday program is for those who are considering Asheville for relocation.

Dates: June 5-7, 2015

Cost: \$400/person before May 15, 2015

\$450/person after May 15, 2015

More Information: www.AshevilleCREW.com



Community Volunteering & Civic Engagement

OLLI's Civic Engagement Committee seeks to identify, define, and develop sustainable plans of action which address signature social issues in greater Asheville and engage and provide significant volunteer experiences among the OLLI membership community.

<http://olliasheville.com/community-volunteering>

A CALL TO ACTION: EDUCATION

Working with the Asheville City Schools Foundation we provide OLLI tutors, mentors, class assistants, and special events helpers. **OLLI Volunteers are needed for the Education Call to Action!** Get involved and experience the personal satisfaction that you have made a positive difference in someone else's life.

A CALL TO ACTION: FOOD INSECURITY

The Call to Action for food insecurity began in 2013 and continues today. OLLI volunteers continue to support MANNA FoodBank through monthly workdays. Join other OLLI members to help MANNA combat hunger and make new friends in the process!



For more information contact Laurel Jernigan at 828-250-3871 or email ljerniga@unca.edu

Volunteering at OLLI

Are You Looking for New Ways to Get Involved at OLLI at UNC Asheville?

One of the special reasons for the ongoing success of OLLI is the extensive involvement of our membership. Our members currently volunteer their enthusiasm and expertise working in conjunction with staff members. There are many ways to get involved in OLLI's activities, and new voices and skills are always needed!



- Introduce new programs
- Teach a class in your area of interest
- Assist with national programs
- Participate in committees
- Plan, decorate, and host special events
- Lead a Special Interest Group
- Advise on direction and planning for OLLI
- Serve as a Class Rep

www.olliasheville.com/volunteering

workshops

Welcome summer with one day and weekend workshops that fit your interests and schedule. OLLI membership is not required to register, and workshops are open to the public. Workshops have limited space. Register on page 17 or 19. For additional information or to register by phone call 828-251-6140. Visa and MasterCard are accepted. **Refund policy:** Refunds are available until 14 days before the workshop; \$10/person fee is non-refundable. www.olliasheville.com/workshops

Photographic Composition: "Learn How to See"

CRN# 30055

Monday, Wednesday, Friday

June 8, 10, 12

1 – 5 pm Monday, 10 am – 4 pm

Wednesday and Friday

Fee: \$165/member; \$175/non-member

Ever wonder how some photographers seem to "see" the world differently, turning mundane subject matter into intriguing works of art? We all have the ability to "see" like this, but it is a creative skill that needs to be nurtured and practiced. This inspiring three-day workshop provides a balance of lecture, hands-on shooting, and professional critique of each students' work. Suitable for all levels, beginner to professional.

David Simchock (david@vagabondvistas.com) is an award-winning professional photographer, active for more than eleven years. An able instructor, his talents include travel and editorial photography as well as portraiture, fine art and music. www.davidsimchock.com

Watercolor and Gouache Resist Painting: Surprisingly Simple, Amazing Results

CRN# 30056

Saturday

June 13

10 am – 4 pm

Fee: \$75/person

This seven-step mixed media process is fun and produces amazingly professional results. We begin with a simple pencil sketch, watercolor the image, add gouache, and then add India ink over everything. Rinse the ink off and reveal a stunning image. Touch up is then done, and image results look like a woodblock. All levels are welcome. Students will leave with at least two matted pieces ready for framing. **Materials fee:** \$20 payable to the instructor at the workshop.

Miriam M. Hughes (artdog@miriamhughes.com) is a medical illustrator and artist with experience in a variety of media. Miriam teaches drawing, watercolor, and painting at Blue Ridge Community College and Art MoB Studios in Hendersonville. Her pastels are award winning, and her teaching style is energetic and fun. www.miriamhughes.com

Watercolor: Feathers, Fins, and Fur

CRN# 30057

Saturday and Sunday

June 20 and 21

9 am – 4 pm each day

Fee: \$140/member; \$150/non-member

Learn the skills and techniques needed to render animals and birds in watercolor, colored pencil, or graphite. We will focus on drawing accuracy, developing proficiency with the medium and rendering natural textures such as feathers and fur. All levels of experience are welcome, and you may work on any subject of your choosing! Students will receive a materials list prior to the workshop.

Jane Snyder (janesnyder1957@gmail.com) began to study art fervently in 1996. She is passionate about teaching beginner to advanced watercolor and drawing classes. A favorite personal endeavor is painting watercolor on-location with absolute minimal equipment. www.janesnyderart.com

Enhancing Your Bridge Skills: Mastering No Trump Bidding and Responses

CRN: 30058

Saturdays

June 20 and 27

12:30 – 4 pm each day

Fee: \$55/person

This is a two-part workshop designed for players who already have a basic knowledge of bidding and playing bridge. Participants will learn to make and respond to No Trump bids. In the first session we will concentrate on using the Stayman convention. In the second session we will focus on the Jacoby Transfer. This will be an interactive workshop with ample opportunity to bid and play hands to demonstrate and master concepts.

Rory Novell (rorynov@gmail.com), a retired educator, has been an American Contract Bridge League director since 1996. She achieved the rank of Bronze Life Master playing in local clubs and regional and national bridge tournaments. She enjoys mentoring new players.

Jumpstart Your Creativity

CRN: #30060

Saturday

July 11

10 am – 4 pm

Fee: \$65/person

Learn to jumpstart your projects from an instructor with a lifetime of producing creative works. In this fun, hands-on workshop you explore your interests and learn methods that are applicable to a wide range of endeavors. This is a great way to get going on projects old and new and could inspire and empower you for the rest of your life. Open to all skill levels. **Materials fee:** \$5 for supplies, payable to the instructor.

Robin Rector Krupp (rrkrupp@hotmail.com) wears many hats! She sketches, paints, writes and illustrates children's books, quilts, writes poetry, teaches, gardens, square dances, designs, and decorates. For forty years, she's helped people get started by encouraging creativity.

workshops

Joyous Alcohol Inks

CRN: #30059

Saturday

July 18

9:30 am – 4:30 pm

Fee: \$75/person

Discover alcohol inks, a remarkable and vibrant art product and see how much fun it is to use it on many different surfaces. Learn to play and let this diverse medium “do its thing” on yupo (plastic) paper, tiles, glass and more. We will make our own inks then apply to a variety of non-absorbent surfaces. This will be an enjoyable day of making art without drawing, no experience required. **Materials fee:** \$15 for supplies payable to the instructor.

Sharon Sandel (sharsand46@gmail.com) is a Florida native who loves the mountains. She is a self-taught artist who enjoys experimenting with new and exciting artistic media, and then sharing her passion with others. www.sharonsandel.wix.com/painting

YouTube Videos: Learn to Create and Publish Your Own!

CRN: #30061

Saturday

July 18

10 am – 3 pm

Fee: \$65/person

YouTube is a fantastic resource where individuals share videos on a wide range of topics. In this workshop you will use Windows Movie Maker to create your own video with titles and transitions and then publish on YouTube (for free!) so others can enjoy it. You'll also see how to control the distribution, ranging from very private to very public. It's all easier than you think!

Neil Rosenberg (neil@vectorr.com) is an experienced technology instructor whose mission is to make complex subjects understandable to non-technical folks. He also brings humor and perspective to the material to keep it interesting and enjoyable. <http://youtubews.weebly.com>

Tasting White Wines of the World

CRN: #30063

Saturday and Sunday

July 25 and 26

2 – 4pm each day

Fee: \$50/person

Location: Instructor's home

This workshop is based on the Windows on the World Wine Course tastings for the white wine classes. Together, we will taste eight to twelve wines at each session, and the class will consist of two sessions during one weekend. **Materials fee:** Estimated \$90 to cover the cost of wine, to be paid to the instructor no later than June 25, 2015. Instructor will contact students to arrange payment, for purchase of wine only.

- **Session 1** – White Wines of France: Bordeaux, Burgundy, Loire
- **Session 2** – White Wines of Alsace and Germany

Jane Hartsfield (jandtwines@gmail.com) is a former distributor and importer of wines. She has done extensive wine tasting trips in France, Italy, Greece and California. She has successfully completed the Level I Sommelier Course with the Court of Master Sommeliers.

Foolproof Portrait Drawing

CRN: #30066

Saturday and Sunday

August 1 and 2

10 am – 4 pm Saturday; 1 – 5 pm Sunday

Fee: \$110/member; \$120/non-member

Anyone can learn to draw a likeness of loved ones by following easy-to-learn steps. In this relaxed workshop attendees utilize a tried and true technique for portrait drawing from photographs. Suitable for all levels; beginners are welcome.

Lorelle Bacon (lorelleartist@hotmail.com) has more than twenty years' experience teaching beginning through advanced levels of art. She works in most media and portrays a variety of subjects. She's known for her patience with students. Her art has won awards in national and international exhibits. www.lorellebacon.com

Better Photography with Android Smartphones and Tablets

CRN: #30065

Saturdays

August 1 and 8

10 am – 3 pm each day

Fee: \$110/member; \$120/non-member

Android devices can produce fine photographs; you just need to know how. In this workshop learn the basics of digital photography with mobile devices, how to use apps for taking, storing, viewing, modifying, and retrieving images, and how to improve your creative control. You may even discover your Android device is better in some ways than your “real” camera! Please note: Attendees must bring an Android Smartphone or tablet and have basic familiarity with how to operate it. No Apple products please.

Bill Roskind (wlrbus@att.net) has more than 60 years' photographic experience and 20 years instructing photography. **David Simchock** (david@vagabondvistas.com) is a multiple award winning professional photographer, active for more than eleven years. **Neil Rosenberg** (neil@vectorr.com) is an experienced technology instructor whose mission is to make complex subjects understandable to non-technical folks.

leadership asheville seniors

Every fall, OLLI offers Leadership Asheville Seniors, a learning and civic engagement program, planned and led by its graduates and community members. It provides participants with a multi-faceted view of Asheville and Buncombe County.

Through discussions with community leaders in distinctive venues, newcomers and longtime residents alike can gain new perspectives and consider ways to contribute their diverse experiences and talents for the good of the community.

CONNECT ✱ ENGAGE ✱ LEARN



Each day of the nine-week program offers an insider's view of topics concerning our community, including history, environment, government, food insecurity, the arts, the economy, education, health, and poverty.

REGISTRATION NOW OPEN FOR LEADERSHIP ASHEVILLE SENIORS 29!

Register now for LAS 29 and join the tradition of more than 750 individuals who have graduated from the program since 1987.

Dates: Wednesdays, 8:30 am - 3:30 pm
September 9 - November 4, 2015

Cost: \$400 (scholarships available up to 75%)

Payment: Cash, checks payable to OLLI, Visa or MasterCard

Registration: Open to OLLI members only. Visit www.olliasheville.com/LAS for registration form and more information.

Questions: Contact Laurel Jernigan at ljerniga@unca.edu or 828-250-3871.

The College for Seniors (CFS) is a lifelong learning program offering more than 350 courses annually, during four terms:

Summer: June 15 - July 31, 2015 (registration begins May 19)

Fall: September 21 – November 13, 2015 (registration begins August 18)

Winter: January 11 – February 22, 2016 (registration begins November 18)

Spring: March 21 – May 13, 2016 (registration begins February 24)

SUMMER 2015

June 15 – July 31

NOTE: Be sure to check dates listed for each course.

Fee: \$75 for the term

This flat fee allows you to register for up to three courses, listed on pp. 16-33, during the initial phase of registration. Confirmation will be mailed on June 1 and June 8. After you receive your schedule, you may add additional courses without cost. Courses may be added prior to the start of the second class period in the course.

Add/drop begins Tuesday, June 2, 8 am

**If you cannot attend a course that you enrolled in,
please work with office staff to drop
the course so someone else may attend.**

OLLI Membership is required to enroll in CFS classes

**REFUNDS: Cancellation must be
received by 3 pm, Friday, June 12 for a full refund.**

This applies to ALL fees for CFS classes.

Course Information In addition to the course descriptions in this catalog, there are details for many CFS courses on course web pages on the OLLI web site. To reach the listing of courses with web pages, go to: olliasheville.com/courses. On this page, you can type in an instructor's name and find information such as course outlines, reading lists, materials lists, and instructor background.

Class Reps

If you are interested in helping newer members become acclimated, assisting instructors in class, and ensuring that classes operate smoothly, consider being a Class Rep! Check the spot for being a Rep in the CFS section on the registration form. For more information, contact Anita Shields at 828-253-5624 or Jacque Morgan at 828-658-9738.

Scholarships

Scholarships are available to partially cover the expense of the term; the annual OLLI membership fee is the member's responsibility. Applications are available in Room 208 of the Reuter Center and on OLLI's website. To ensure the best choice of courses, scholarship applications should be submitted along with the registration form as early in the registration period as possible. For additional information, call 828-251-6140.

Teaching at College for Seniors

At the heart of the College for Seniors program are dedicated volunteer instructors. While many instructors are retired academics, others with no formal teaching background have successfully facilitated learning experiences centered on their areas of passionate interest or expertise.

Instructor Guide

An instructor guidebook has been prepared to best orient the first time instructor and to enhance the skills of experienced teachers. To access the instructor guide, visit:
<http://olliasheville.com/college-seniors-1>

**July 15
October 15
January 22
April 15**

**for Winter 2016
for Spring 2016
for Summer 2016
for Fall 2016**

Course Proposal Due Dates:

Proposal forms are available on the OLLI website at:
olliasheville.com/forms

QUESTIONS ABOUT CFS? SUGGESTIONS? Contact OLLI Director Catherine Frank: 828-251-6188

mondays

9-11 am

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9 am-12 pm

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11:30 am-1 pm

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11:30 am-1:30 pm

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Spirituals, Hymns, & Gospel.....	21
Texas Hold'em Poker.....	22

2-4 pm

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11:30 am-1:30 pm

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2-4 pm

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Laid or Darning Needlepoint.....	26
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2-5 pm

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thursdays

9-10 am

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Bernard Shaw: Man of Paradox.....	30
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11:30 am-1:30 pm

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2-5 pm

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9-10:30 am

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June 8, 10, 12

1-5 pm Monday, 10 am – 4 pm

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Watercolor & Gouache Resist Painting.. 10	
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Saturday & Sunday, June 20 & 21

9 am – 4 pm each day

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Saturdays, June 20 & 27

12:30-4 pm each day

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Saturday, July 11

10 am – 4 pm

Jumpstart Your Creativity.....	10
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Saturday, July 18

9:30 am – 4:30 pm

Joyous Alcohol Inks	11
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Saturday, July 18

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Saturday & Sunday, July 25 & 26

2-4 pm each day

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Saturday & Sunday, August 1 & 2

10 am – 4 pm Saturday, 1-5 pm Sunday

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10 am – 3 pm each day

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Summer 2015 Calendar

This is a quick-reference for course days and times; see course listings for details. For changes that occur after the catalog goes to print, see "Catalog Updates" at www.olliasheville.com

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Theatre Arts

The Anatomy of an Actress: Meryl Streep Onscreen	21
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Mondays, 9-11 am

Dissecting Anger: Losing the Rage and Gaining the Insight

CRN # 30001

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 9-11 am

In this course we will focus on the anger triggers many of us deal with on a regular basis, the impact of anger on our health and those around us, and solid coping strategies for those on the receiving end of anger as well. We will also discuss road rage, communication breakdowns, and anger in later life. The format will be lecture/discussion with handouts/worksheets at every class as well as interactive class participation.

Maggi Zadek (maggibear@bellsouth.net) moved here from Long Island, New York in 2001. She is a retired college professor of behavioral psychology, a celebrated public speaker renowned for her sense of humor, and has been in private practice for forty-two years.

The Literary Witness of Elie Wiesel

CRN # 30002

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 9-11 am

Elie Wiesel's literary work turns on his education as a practicing Jew, a devotee of Hasidism, a student of Talmud, and a survivor of Auschwitz and Buchenwald. His work as an author deals with the Holocaust not as historical fact but as an existential experience and as a challenge to the Judeo-Christian concept of God. We will discuss his understanding of the *Shoah* (destruction) and what our response as human beings should be to such massive evil. **Required texts** (all by Elie Wiesel): *The Night Trilogy*, ISBN: 10-0809073641. *The Gates of the Forest*, ISBN: 10-080521044X. *The Trial*, ISBN: 10-0805210539. Cost: \$34.63 (total).

Morgan Phillips (mlphilli@charter.net) received his BA from Ohio Wesleyan University, MDiv from Yale University, and his PhD in biblical studies from Drew University. He did post-doctoral study in Germany and Israel, followed by teaching for thirty-seven years at Ohio Wesleyan University.

So You Want to Write a Novel

CRN # 30003

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 9-11 am

You've always wanted to write a novel. Maybe you started one and quit in frustration. No, you won't be expected to write a novel during this course. You'll learn techniques, from story concept, to research and character and plot development, to outlining and writing that first draft through editing and submitting to agents and publishers. We'll also cover fiction-writing basics that make for successful novels in all genres.

Jim Norman (JimNormanMysteries@gmail.com) is a member of Mystery Writers of America. His writing credits include novels, *Not a Pretty Picture*, *The Extraordinary Adventures of Milo F*, *The Change-Up*, and mystery short stories, including "Fatal Finale" and "The Case of the Tattooed Redhead."

Yoga for More Energy, Focus and Fun!

CRN # 30004

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 9-11 am

\$20

Relax and have fun, as laughter increases our joy and well-being. We'll spend time safely exploring and opening posture, building greater strength and more energy, and becoming fluidly flexible. Classes will include gentle breath work to improve lung and brain capability, and at the end, we'll slip into a deep, guided, stress-releasing relaxation. **Please bring a yoga mat and beach towel; a chair may be used as needed. Due to topic popularity, participants may take only one yoga course at initial registration.**

Elle Jai Taylor (elletaylor@yoga@gmail.com) has her 500-hour certification in therapeutic yoga and has lovingly taught yoga and meditation, full time, for over twenty-five years. She spent ten years living at a Rocky Mountain yoga retreat and fifteen years within her own yoga studio and small ashram in southwest Pennsylvania. She has loved living in Asheville for the past two years.

registration form

OLLI Summer 2015

OFFICE USE ONLY

Banner ID: _____ C N R WNM Registrar _____ Data entry: _____ Verified by: _____ Amt: \$ _____ Ca/Ck #: _____
 C-Current Member / N-New Member / R-Renewing Member / WNM-Workshop NonMemb Amt: \$ _____ Ca/Ck #: _____

Check here if your postal or email address has changed ☐

Name _____
 Last First MI Phone Birth Date

Address _____
 Street/PO Box City State ZIP E-mail address ☐ I don't use email

College for Seniors (CFS) Course Registration – See back of sheet for important information.

☐ I will volunteer to be a CLASS REP in one of my CFS courses ☐ Go Green/Paperless – no longer receive a paper catalog.

Emergency Contact: Name _____ Phone Number _____

Priority	CFS Course Name	5-Digit CRN#	Course has fee \$20 additional	Staff use only
1.	_____	____ _	Y	1. E N
2.	_____	____ _	Y	2. E N
3.	_____	____ _	Y	3. E N
Alternates if any course above is not available				
4.	_____	____ _	Y	4. E N
5.	_____	____ _	Y	5. E N
6.	_____	____ _	Y	6. E N

Total CFS Fees: Term fee plus course fees CFS Summer Term Fee \$75 TOTAL CFS \$ _____

Total # of classes desired

Workshops Registration – Workshops are listed on pages 10 - 11. See back of sheet for important information.

Workshop Name	5-Digit CRN#	Staff use only	Fee
1. _____	____ _	1. E N	\$ _____
2. _____	____ _	2. E N	\$ _____
3. _____	____ _	3. E N	\$ _____

TOTAL Workshops Fees \$ _____

See back page for further information, membership renewal, H&F membership, etc.

Staff use only / Comments _____

registration form

Become a 2014-15 OLLI Member for Summer 2015 term only for \$30

Regular Membership year is August 1, 2015 - July 31, 2016. Fee TBD

Health and Fitness Center (HFC) Membership - \$350

OLLI Membership is REQUIRED.

This is an annual membership and runs from the date of purchase for 365 days


TOTAL FROM PAGE 1 \$ _____

Membership fee total \$ _____

HFC Fee \$ _____

TOTAL PAYMENT ENCLOSED \$ _____

Registration Information:

- OLLI membership is required for CFS registration but not for Workshops.
- Initial registration is limited to a maximum of three CFS courses. Note that Workshops (p. 10-11) do not count in this total.
- Please fill out your form as completely as possible and double-check that the CRN numbers listed in the course descriptions match the title of the course you wish to take. Please ensure all information is legible.
- Wellness and Recreation courses with this symbol  require a \$20 fee in addition to your CFS term fee of \$75. Because of topic popularity, you may register for one yoga or t'ai chi course during initial registration. You may be asked to sign a liability waiver for some courses. Check with your physician before you begin any new physical activity.
- Submit your registration starting May 19, 2015 for best availability. During registration at the Reuter Center, you may submit a form for yourself and up to two additional people for a total of three registration forms.
- If you will be away or if you have trouble standing in line, you may send a registration form with a friend, or you may contact OLLI director Catherine Frank (cfrank@unca.edu or 828-251-6188) to discuss your options for submitting registration in a timely way. If you know someone who may have a challenge standing in line, offering to deliver a registration form is a meaningful way to promote our sense of community.
- If we are able to register you in the number of courses, up to three, that you request, we will not put you on a wait list for other courses.
- Your schedule will be sent on June 1 and June 8, 2015.
- Add/Drop begins on June 2, 2015 at 8 am. **At this time, you may add as many courses as your schedule will allow.**
- **Refunds for Workshops** (p. 10-11) are available until fourteen days before the scheduled session. **College for Seniors refunds** are available until Friday, June 12, 3 pm

Bring or Mail to
OLLI, Reuter Center
UNC Asheville, CPO#5000
One University Heights
Asheville, NC 28804-8516

Cash or checks only,
payable to OLLI

registration form

OLLI Summer 2015

OFFICE USE ONLY

Banner ID: _____ C N R WNM Registrar _____ Data entry: _____ Verified by: _____ Amt: \$ _____ Ca/Ck #: _____
 C-Current Member / N-New Member / R-Renewing Member / WNM-Workshop NonMemb Amt: \$ _____ Ca/Ck #: _____

Check here if your postal or email address has changed ☐

Name _____
 Last First MI Phone Birth Date
 Address _____
 Street/PO Box City State ZIP E-mail address ☐ I don't use email

College for Seniors (CFS) Course Registration – See back of sheet for important information.

☐ I will volunteer to be a CLASS REP in one of my CFS courses ☐ Go Green/Paperless – no longer receive a paper catalog.

Emergency Contact: Name _____ Phone Number _____

Priority	CFS Course Name	5-Digit CRN#	Course has fee \$20 additional	Staff use only
1.	_____	____ _	Y	1. E N
2.	_____	____ _	Y	2. E N
3.	_____	____ _	Y	3. E N
Alternates if any course above is not available				
4.	_____	____ _	Y	4. E N
5.	_____	____ _	Y	5. E N
6.	_____	____ _	Y	6. E N

Total CFS Fees: Term fee plus course fees CFS Summer Term Fee \$75 TOTAL CFS \$ _____

Total # of classes desired

Workshops Registration – Workshops are listed on pages 10 - 11. See back of sheet for important information.

Workshop Name	5-Digit CRN#	Staff use only	Fee
1. _____	____ _	1. E N	\$ _____
2. _____	____ _	2. E N	\$ _____
3. _____	____ _	3. E N	\$ _____

TOTAL Workshops Fees \$ _____

See back page for further information, membership renewal, H&F membership, etc.

Staff use only / Comments _____

registration form

Become a 2014-15 OLLI Member for Summer 2015 term only for \$30

Regular Membership year is August 1, 2015 - July 31, 2016. Fee TBD

Health and Fitness Center (HFC) Membership - \$350

OLLI Membership is REQUIRED.

This is an annual membership and runs from the date of purchase for 365 days


TOTAL FROM PAGE 1 \$_____

Membership fee total \$_____

HFC Fee \$_____

TOTAL PAYMENT ENCLOSED \$_____

Registration Information:

- OLLI membership is required for CFS registration but not for Workshops.
- Initial registration is limited to a maximum of three CFS courses. Note that Workshops (p. 10-11) do not count in this total.
- Please fill out your form as completely as possible and double-check that the CRN numbers listed in the course descriptions match the title of the course you wish to take. Please ensure all information is legible.
- Wellness and Recreation courses with this symbol  require a \$20 fee in addition to your CFS term fee of \$75. Because of topic popularity, you may register for one yoga or t'ai chi course during initial registration. You may be asked to sign a liability waiver for some courses. Check with your physician before you begin any new physical activity.
- Submit your registration starting May 19, 2015 for best availability. During registration at the Reuter Center, you may submit a form for yourself and up to two additional people for a total of three registration forms.
- If you will be away or if you have trouble standing in line, you may send a registration form with a friend, or you may contact OLLI director Catherine Frank (cfrank@unca.edu or 828-251-6188) to discuss your options for submitting registration in a timely way. If you know someone who may have a challenge standing in line, offering to deliver a registration form is a meaningful way to promote our sense of community.
- If we are able to register you in the number of courses, up to three, that you request, we will not put you on a wait list for other courses.
- Your schedule will be sent on June 1 and June 8, 2015.
- Add/Drop begins on June 2, 2015 at 8 am. **At this time, you may add as many courses as your schedule will allow.**
- **Refunds for Workshops** (p. 10-11) are available until fourteen days before the scheduled session. **College for Seniors refunds** are available until Friday, June 12, 3 pm

Bring or Mail to
OLLI, Reuter Center
UNC Asheville, CPO#5000
One University Heights
Asheville, NC 28804-8516

Cash or checks only,
payable to OLLI

Mondays, 9 am-12 pm

Favorite Menus of Mars and Venus

CRN # 30005

1st 4 weeks: June 15, 22, 29, July 6

Mondays, 9 am-12 pm

Location: Instructors' home

Participants will learn how to prepare nutritious easy meals. We will do a brunch, plus three other complete menus. These menus are the favorites of the instructors. Menus will be designed to complement cooking techniques using the Mediterranean diet. We will be cooking with eggs, meat, fish, poultry, vegetables, fruits, and desserts.

Please note: Participants **must commit** to attend all four classes. The course will be held at the instructors' home, about a ten minute drive from the Reuter Center. Those attending must be able to stand for two-and-a half hours at a time and move about in tight quarters. **Food cost:** \$80, payable to the instructors at the first class.

Dennis Murphy (dwmur4252@charter.net) and **Sheila Murphy** (murphy.sheila.a@gmail.com), better known as Mars and Venus, have taught cooking courses at the College for Seniors for over eight years and have been cooking together for over forty-five years. They have attended cooking courses in various parts of the world, most recently at the International Academy of Italian Cuisine in Lucca, Italy.

Mondays, 11:30 am-1 pm

T'ai Chi Sampler

CRN # 30006

5 weeks: June 15, 29, July 6, 13, 20

(no class June 22)

Mondays, 11:30 am-1 pm

Try a little bit of everything! We will be exploring qigong, t'ai chi basics, and t'ai chi fan form (fans provided). Each week we will explore a new qigong exercise and work on the Yang 10 form. This will be a fun, relaxed course. Please wear comfortable clothing.

Note: Due to topic popularity, participants may take only one t'ai chi course at initial registration.

Elizabeth Ridley (lizridley@hotmail.com) has taught senior exercise and t'ai chi for twenty years. She teaches a number of t'ai chi and qigong courses in the Asheville area.

Mondays, 11:30 am-1:30 pm

The Anatomy of an Actress: Meryl Streep Onscreen

CRN # 30007

1st 4 weeks: June 15, 22, 29, July 6

Mondays, 11:30 am-1:30 pm

We will look at many facets of Meryl Streep's acting, from such diverse roles as the young mother who leaves her husband and child in *Kramer vs. Kramer* to Julia Child in *Julie and Julia*. Key scenes from these roles will be shown, instead of the entire film, to best focus on such things as vocal techniques, accents, and body language. The course will begin with biographical information on Streep. Before each scene is shown, the instructor will describe the entire scope of each movie as well as the character Streep plays.

RoseLynn Katz (rosecarol@charter.net) has written and starred in two one-woman shows, *The Devil Touched My Tongue: The Wit and World of Dorothy Parker* and *A Visit with Golda Meir*. An active member of The Autumn Players, she heads the committee that selects plays to be performed as part of Readers' Theatre Showcase and writes theatre reviews for *The Asheville Citizen Times*. She has performed at 35below, Asheville Community Theatre, The Magnetic Field, and at North Carolina Stage Company. She views certain movies countless times to watch and study great acting.

Spirituals, Hymns, and Gospel: Black Religious Music

CRN # 30008

1st 4 weeks: June 15, 22, 29, July 6

Mondays, 11:30 am-1:30 pm

Beginning in the last third of the nineteenth century, black vernacular religious music became, for white America, the best-known example of that culture's artistic expression. But the music was not a static form, nor was it viewed in the same way by African-Americans as by mainstream America. In this course we will trace the major currents of the spirituals, hymns, and gospel songs within, and without, the black communities where they were created and refined.

Bruce Nemerov (bnemerov@gmail.com) is a writer and musician. He has produced and played on countless recordings, including the Grammy-winning CD *John Work III: Recording Black Culture* (2007). Bruce is co-author of *The Story Behind the Song* (Greenwood Press, 2000) and co-editor of *Lost Delta Found* (Vanderbilt Univ. Press, 2005).

Mondays, 11:30 am-1:30 pm *continued*

Texas Hold'em Poker

CRN # 30009

1st 4 weeks: June 15, 22, 29, July 6

Mondays, 11:30 am-1:30 pm

Texas Hold'em poker has taken the nation by storm. If you have been watching World Poker Tour or World Series of Poker tournaments on television, this is the way to finally learn Texas Hold'em. The course will start with basic game setup and rules, then move to the different strategies of tournament and home game play. The class will play tournament poker the last half of each class. **Recommended text:** *Harrington on Hold'em, Volume 1*, Daniel Harrington, ISBN: 1-880685-33-7. Cost: \$16.17.

Howard Talesnick (sobe02@bellsouth.net) is an experienced Texas Hold'em player in South Florida casinos. He has taught this course and *Intermediate Texas Hold'em* at the College for Seniors in prior years, resulting in the establishment of several continuing home games.

Mondays, 2-4 pm

21st Century Mentoring

CRN # 30010

1st 4 weeks: June 15, 22, 29, July 6

Mondays, 2-4 pm

This course is inspired by well documented research regarding the statistical gap between available mentors and desired mentoring relationships. Over the past twenty years, technology has improved data collection of the outcomes and value of quality mentoring programs and their benefits to people, businesses, and communities. To achieve additional awareness of the ever increasing value of mentoring, latest information from the field will be used, as well as assessments, role playing, and discussion, as an aid to determine what role members may want to assume, should they choose to participate in a mentoring relationship.

Bruce Noll (bruce.noll@yahoo.com) trained as a mentor with the Arthur Ashe Foundation and The Virginia Department of Corrections. With thirty year's practice in a variety of mentoring environments, Bruce's experience and continuing passion for unfolding human potential offers new perspectives for both mentors and those being mentored.

Wine Essentials: History, Pairing, and Secrets

CRN # 30011

6 weeks: June 15, 22, 29, July 6, 13, 20

Mondays, 2-4 pm

Location: Metro Wines, 169 Charlotte Street

This course is about wine essentials: its history, pairings, and secrets. Make wine more fun and enjoyable by learning simple guidelines used daily by the experts. In this course, you will learn about: wine history and vintner techniques and how they affect what's in your glass; major regions and grapes to learn which wines you like best and why; and wine flavor components and how to pair wine with any meal. These wine secrets will make any wine taste better. This course will be taught at Metro Wines, 169 Charlotte Street. **Course fee:** \$72, payable to the instructors at the first class.

Andy Hale (andy@metrowinesasheville.com) joined Metro Wines to combine his expertise in wine and teaching. Andy was a sommelier at Jasmine Porch and the Ocean Room on Kiawah Island. He began his teaching career at Appalachian State University.

John Kerr (john@metrowinesasheville.com) grew up in wine country and moved his wine business to Asheville in 2013. John has taught classes on wine and finance for over twenty years.

Yoga for Posture 101

CRN # 30012

6 weeks: June 15, 22, 29, July 6, 13, 20

Mondays, 2-4 pm

\$20

Our digital "tech neck"/"head down" society conspires against good posture and is ruining our spines! If "Stand up straight!" is not so easy anymore, this class will help you break out of "slump-land." Create a beautiful, upright posture with the help of a posture coach. You will assess your own posture and lifestyle, realign your spine, release tension, strengthen your core muscles, and get your head lined up over your shoulders. More information may be found at www.bluebirdyoga.net. **Please bring a yoga mat and blanket, large towel or small rug to class. Due to topic popularity, participants may take only one yoga course at initial registration.**

Ann Mundy (ann@bluebirdyoga.net) has her 500-hour certification in therapeutic yoga. Healing a traumatic injury, she developed Bluebird Yoga, a practice for healthy backs. She is also an award-winning television documentary producer-director.

Mondays, 2-4:30 pm

Short Stories in Print and Film

CRN # 30013

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 2-4:30 pm

Film makers often use literature as their source. Some well-known short stories by Thomas Hardy, Robert Louis Stevenson, Anton Chekhov, James Joyce, D. H. Lawrence, and Somerset Maugham have been made into excellent feature films. We'll read a story by each of these writers, watch the film, then discuss the story, the film, and the adaptation process. Reading the story before watching the film will enhance appreciation and enjoyment.

Doug Cooper (cdoug38@gmail.com) has taught twenty-eight courses at the College for Seniors since 2003. Fourteen of these were film courses and ten were short-story courses on various authors including Hardy, Conrad, Maugham, James, Wharton, Hawthorne, and Poe. He has taught college and university English courses in the United States and overseas.

The Six American Films Directed by Orson Welles

CRN # 30014

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 2-4:30 pm

2015 marks the 100th anniversary of the birth of actor/director Orson Welles. This six-week course will showcase the six features that he directed in America from 1941-1958: *Citizen Kane*, *The Magnificent Ambersons*, *The Stranger*, *The Lady from Shanghai*, *Macbeth*, and *Touch of Evil*.

Chip Kaufmann (jjk44@bellsouth.net) is a member of the Southeastern Film Critics Association and reviews movies for *Rapid River Magazine*. He is also a classical music announcer for public radio station WCQS and lectures on composers for the Asheville Symphony.

Watercolor for Beginners

CRN # 30015

6 weeks: June 15, 22, 29, July 6, 13, 20
Mondays, 2-4:30 pm

This course is geared for those who are truly beginners in the art of watercolor. Some elementary drawing skills will be needed, but no watercolor experience is necessary. We will use an instruction book, so participants can review step-by-step instructions over and over again. **Cost of materials:** \$50, depending on materials needed to purchase. Please see the course webpage at olliasheville.com for a materials list. **Required text:** *Watercolor for the First Time*, Kory Fluckiger, ISBN: 10-1402722141. Cost: from \$.01, used.

Susan Kibler (susankibler1@frontier.com) has taught watercolor and drawing classes at the College for Seniors since 2011. She has a BA in art from Bucknell University and studied at the Art Students League in New York. In 2003 she was admitted to the National Association of Women Artists.

Tuesdays, 9-10 am

Authentic Pilates: Mat 1

CRN # 30016

6 weeks: June 16, 18, 23, 25, 30, July 2, 7, 9, 14, 16, 21, 23
(12 sessions)

Tuesdays and Thursdays, 9-10 am

\$20

This beginning level Pilates mat class is for those who are working on mastering the basics of Pilates as well as for anyone new to the principles of Pilates. Core strength, alignment, stretching, breathing, and control will be taught through the practice of beginning mat exercises. No prior Pilates experience is required, but one must be comfortable working on the floor and be able to get up and down without assistance. **Participants must bring an exercise or yoga mat and a towel to class.** Please wear comfortable clothing. **Recommended text:** *The Pilates Body*, Brooke Siler, ISBN 978-0767903967 (a copy will be available to preview in class). Cost: \$15

Elise Beckstett (ebeckstett@me.com) completed her 700-hour Authentic Pilates certification with second generation teacher Penelope Barrow in 2014. She has been teaching Pilates since 2013 and leads an ongoing program dedicated to seniors at local studios. She has attended numerous continuing education workshops with some of the foremost Authentic Pilates instructors in the United States.

Tuesdays, 9-11 am

Earthquakes, Volcanoes, and Plate Tectonics: Revolution in Geology

CRN # 30017

6 weeks: June 16, 19, 23, 30, July 7, 14, 21

(7 sessions: note class on June 19)

Tuesdays, 9-11 am

This course examines the characteristics and causes of earthquakes, tsunamis, and volcanoes, and their relation to plate tectonics; development of plate tectonic and continental drift theory is also discussed. Videos, slides, and case histories help illustrate these phenomenon; relevance to North Carolina's geologic present and past is also considered. Although a scientific approach is used, the course is designed for non-scientists.

Richard Wiener (richwiener@gmail.com) has a PhD in geology with thirty years' technical geoscience experience at ExxonMobil. He has taught geology courses at the College for Seniors for three years. He previously taught at SUNY Oneonta and has numerous geologic publications to his credit.

Shakespeare and the Modern Reader

CRN # 30018

6 weeks: June 16, 23, 30, July 7, 14, 21

Tuesdays, 9-11 am

Domestic violence, family dysfunction, moral corruption, anger, jealousy, and greed are variations, albeit twisted ones, of our human sexuality which appear as themes in Shakespeare's plays *Hamlet* and *Othello*. Though these dramas were written four hundred years ago, they remain relevant today. Let us explore what makes them so modern and familiar. **Required text:** Any good edition of *Hamlet* and *Othello*.

Susanne Kimball (susannekimball39@gmail.com) earned an MA and PhD in German and comparative literature from the University of California in San Diego and has been teaching literature on all levels both in California and the University of Texas in San Antonio since 1986. She is widely published in several literary journals.

A Survey of Asheville's Layers of History

CRN # 30019

3 weeks: June 16, 18, 19, 23, 25, 26, 30, July 2, 3

(9 sessions)

Tuesdays and Thursdays, 9-11 am

This course provides an overview of the diverse history of our Western North Carolina home. We'll discuss the geology, plants, and animals of these ancient mountains and rivers, plus settlers' history and cultural diversity. The course consists of two lecture/discussion classes and an optional two-hour walk on Friday morning each week, in the Botanical Gardens of UNC Asheville, historic sites at AB Tech, the YMI, and park sections of the Urban Trail.

Beth Pilz (bethunca@gmail.com) moved to Asheville over twenty years ago, as an early retiree from IBM in Poughkeepsie, NY. She loves to share what she's learned since then, including as a volunteer at the Asheville Visitors' Center and the NC Arboretum.

Tuesdays, 11:30 am -12:30 pm

Authentic Pilates: Mat 2

CRN # 30020

6 weeks: June 16, 18, 23, 25, 30, July 2, 7, 9, 14, 16, 21, 23

(12 sessions)

Tuesdays and Thursdays,

11:30 am-12:30 pm

\$20

This intermediate Pilates mat class follows the classical methods of Pilates and is for those who have mastered the basic Pilates exercises. Core strength, alignment, stretch, breath, and control will be strengthened through practice of intermediate mat exercises. Knowledge of the beginning Pilates mat exercises is required. If you have any questions about whether or not this course is suitable for your abilities, consult with the instructor. **Participants must bring an exercise or yoga mat and a towel to class.** Please wear comfortable clothing. **Recommended text:** *The Pilates Body*, Brooke Siler, ISBN: 978-0767903967 (a copy will be available to preview in class). Cost: \$15

Elise Beckstett (ebackstett@me.com) completed her 700 hour Authentic Pilates certification with second generation teacher Penelope Barrow in 2014. She has been teaching Pilates since 2013 and leads an ongoing program dedicated to seniors at local studios. She has attended numerous continuing education workshops with some of the foremost Authentic Pilates instructors in the United States.

Tuesdays, 11:30 am -1:30 pm

Be Your Own Handy Person

CRN # 30021

6 weeks: June 16, 23, 30, July 7, 14, 21
Tuesdays, 11:30 am-1:30 pm

This hands-on course provides useful skills and pointers for fixing problems in and around your home. Topics include replacing toilet valves, fixing holes in walls, installing shelves, fixing sticky doors, controlling rodents and other pests, light bulb selection and replacement, basic tools, and lots more. If you're recently on your own or are tired of calling for service for everything, this is a great way to learn the basics. One class will be a field trip to Lowes!

Neil Rosenberg (neil@vectorr.com) is an engineer, educator, and a graduate of the Massachusetts Institute of Technology and Stanford University. He has built two houses, renovated a third, and maintained them all over a span of thirty-five years. He has a knack for simplifying and problem solving and enjoys helping others understand and cope with a wide variety of challenges. Tools, materials, and repair methods are a favorite topic for Neil, including the latest in home repair and updates.

Today's Terrorists: Their Rise and United States' Responses

CRN # 30022

6 weeks: June 16, 23, 30, July 7, 14, 21
Tuesdays, 11:30 am-1:30 pm

The groups officially designated as terrorist organizations in today's world developed from fundamentalist Muslim groups in Afghanistan and Pakistan in response to the Soviet invasion of 1979 and subsequent American military intervention in those countries and later in Iraq. In this course we will gain a sense of the background of these early years, an understanding of how and where terrorist groups later spread, and an understanding of the effects of US foreign policies and military/intelligence responses to terrorists. **Recommended texts:** *The Looming Tower: Al-Qaeda and the Road to 9/11*, Lawrence Wright, ISBN: 0-375-41486-X. Cost: from \$9.83. *Pakistan on the Brink: The Future of Pakistan, Afghanistan and the West*, Ahmed Rashid, ISBN 10: 0670023469. Cost from \$1.93.

Mary Lasher (mlelasher.avl@gmail.com), with a long interest in the Muslim world and American foreign policy, has taught courses on Afghanistan, Pakistan, and the Middle East at the College for Seniors. She earned a master's degree in history from Duke University. Additional presenters will be **Frank Goldsmith**, (goldsmith.cf@gmail.com) and **Rick Devereaux**, (rickdevereaux1@gmail.com).

Tuesdays, 2-4 pm

Beginning Digital Camera

CRN # 30023

1st 4 weeks: June 16, 18, 23, 25, 30,
July 2, 7, 14
(8 sessions; no class July 9)
Tuesdays and Thursdays, 2-4 pm

This course is for first time owners of a digital camera who want to use the darn thing! You will learn about the camera's buttons, dials, icons, and other features and will have an opportunity for a one-on-one session with the instructor to learn the specifics of your camera. Bring your camera and manual to each session; you'll use the camera during this course.

Dennis Murphy (murphdennisw@gmail.com) has been involved in photography for several decades and has experienced the culture shock of giving up film and the need to learn a whole new technology just to take a photograph.

Gentle Yoga

CRN # 30024

6 weeks: June 16, 23, 30, July 7, 14,
21
Tuesdays, 2-4 pm

\$20

The focus of this course is on nonjudgmental awareness of body and mind, as well as breathing, alignment, flexibility, strength, and balance. Simple but not necessarily easy practices will be taught. Most students will have had some experience taking yoga, but some will be new to it. All should **bring as many yoga props as they can**, including a yoga mat, one to three yoga blankets (bath towels are OK), one eight-foot yoga strap (or a similar non-stretch fabric strap, such as a bathrobe or raincoat belt, or a couple of old neckties), and two thick yoga blocks. **Materials cost: \$40**, depending on what needs to be purchased. **Due to topic popularity, participants may take only one yoga course per term at initial registration.**

Fran Ross (franiji@charter.net) has taught yoga at the College for Seniors for the past six years, combining what she has learned in multiple teacher trainings (Kripalu, Anusara, Iyengar, and therapeutic forms of yoga) since 2001.

college for seniors

Tuesdays, 2-4 pm *continued*

Laid or Darning Needlepoint

CRN # 30025

1st 4 weeks: June 16, 23, 30, July 7

Tuesdays, 2-4 pm

This course is an introduction to laid or darning needlepoint. We will learn why and where to place the laid design. This is an intermediate/advanced needlepoint course, NOT appropriate for beginners. Please contact the instructor prior to class for a materials list. **Cost of materials:** \$30-40.

Sheila Murphy (murphy.sheila.s@gmail.com) has been doing needlepoint for many years and has taught craft courses at the College for Seniors since 2005.

Magnificent Museums of Philadelphia

CRN # 30026

4 weeks: June 16, 23, 30, July 14

(no class on July 7)

Tuesdays, 2-4 pm

The birthplace of America is rich in artistic grandeur. Come experience a virtual tour of Philadelphia's "Museum Mile" along the city's famed Benjamin Franklin Parkway. In this course we will explore the acclaimed Philadelphia Museum of Art, Rodin Museum, Franklin Institute, and the recent, controversial relocation of the Barnes Foundation. If you enjoy the macabre, you'll get that and more as we also venture into the nearby Mütter Museum.

Originally from Philadelphia, **Beth Davey** (dunloegap@yahoo.com) relocated to Asheville in 2010 after living in Tampa, Florida. She holds a master's degree from Drexel University in Philadelphia and spent her career in healthcare marketing communications and fundraising. She also taught English and communications at community colleges.

Tuesdays, 2-5 pm

Brevard Opera : Live at OLLI

CRN # 30027

6 weeks: June 16, 23, 30, July 7, 14, 21

Tuesdays, 2-5 pm

In collaboration with the Brevard Music Center, we will explore the operas to be performed this summer by the young singers/students of the Janiec Opera Company at the Brevard Music Center. Classes will include performances and discussions with students, stage directors, and conductors. Participants will describe their own personal journeys and the ways in which they are trained for an opera career.

Patricia Heuermann, (patruschka@charter.net), a graduate of the Curtis Institute of Music, has directed opera, musical theatre, and cabaret performances throughout the United States and Europe. She has taught at New York University, the Manhattan School of Music, Hofstra University, and the American Institute of Musical Studies in Graz, Austria. She has directed theatre and opera productions for Asheville Community Theatre, Asheville Lyric Opera, and Opera Creations. **Bill Heuermann** (whitwill@charter.net) filmed, edited, and created DVDs of Patricia Heuermann's many opera productions from 1996 until 2008. He assists in planning the materials to be shown in class and provides the technical support.

Wednesdays, 9-11 am

America's Economic Restraints

CRN # 30028

1st 4 weeks: June 17, 24, July 1, 8

Wednesdays, 9-11 am

America's 2008 Great Recession still lingers. The Federal Reserve's quantitative easing has been hindered by a liquidity trap which has restricted business investment. A large wealth gap exists between the richest 5% and the poorer 90%, resulting in decreased incomes. Austerity budgeting has harmed that 90% by cutting funding for federal agencies and programs serving them. We'll analyze these economic restraints and how they can be mitigated.

George Yates (gcyates104@gmail.com) is a UNC Asheville associate professor emeritus in the management and accountancy department. He received a PhD in management from the University of North Texas, an MS in finance from the University of California at Los Angeles, and a BS in structural engineering from California State Polytechnic University. He spent twenty-one years in large corporation management.

Wednesdays, 9-11 am *continued***Chair Yoga for Well Being**

CRN # 30029

6 weeks: June 17, 24, July 1, 8, 15, 22

Wednesdays, 9-11 am

\$20

We will explore the practices of yoga in a safe and accessible way, as we enjoy the benefits of poses and breath work to achieve a state of well-being. No prior yoga experience is necessary. Approximately half of the class will be taught using a chair for support; the remainder of the class time will be spent using a yoga mat. For those with physical limitations, the chair can be utilized for the entire course. **Please bring a yoga mat** to class if you have one, or wear sturdy closed toed shoes with a rubber sole. Wear loose fitting comfortable clothing that allows for movement. **Due to topic popularity, participants may take only one yoga course per term at initial registration**

Stacey MacDonald (lovingkindness419@gmail.com) is a registered yoga teacher and a graduate of the Subtle Yoga RYT500 Therapeutic Yoga Teacher Training Program. She believes that the transformation that yoga practices can bring to our lives is profound, and she loves to share these practices with others so they may improve their lives as well.

Enter the Fiddler's *Shtetl*: His Hometown and World

CRN #30030

6 weeks: June 17, 24, July 1, 8, 15, 22

Wednesdays, 9-11 am

We will explore the history, culture, and contributions of the *shtetl* in Eastern Europe. We will contrast the romanticized image that has been given to us by the theater and media and the actual community with its strengths and weaknesses. We will also examine the image of the *shtetl* through short story, folk music, art, and some short essays.

Rubin Feldstein (rubinf@att.net) was born in Poland and lived there the first six years of his life in a *shtetl* called Zamosc. He cherishes his heritage, enjoys sharing it, and teaching. He was an educator for thirty-four years. During this time, he was a teacher, guidance counselor, principal, and adjunct professor at Montclair State University in New Jersey.

Frank Lloyd Wright: America's Most Famous Architect

CRN # 30031

6 weeks: June 17, 24, July 1, 8, 15, 22

Wednesdays, 9-11 am

Discover Wright's contributions to architecture through multi-media presentations and lectures. What were Wright's design concepts? How did Wright design and construct his buildings? How did the women in Wright's life influence him? Which of Wright's innovations are commonplace today? We'll explore these and many other topics utilizing DVDs and over 400 digital images of his projects, furniture, and art glass.

Bob Mellor (bm.olli@charter.net) has been awed by Wright since visiting Fallingwater many years ago. Since then he's been collecting stories about Wright and visiting as many of his buildings as possible.

Living Well in Summer

CRN # 30032

1st 4 weeks: June 17, 24, July 1, 8

Wednesdays, 9-11 am

In this multi-faceted participatory course, we will explore the wisdom of Oriental medicine to restore and support our health naturally. Participants will learn to choose food and herbs to restore and balance internal organ systems. We will learn about the element of fire and the associated meridians of heart and small intestine and their acupuncture points. In addition, we will learn how to apply the color associated with the seven energy centers and practice a simple qigong to enhance our health.

Sushen Huang (myneedle47@hotmail.com) has integrated her passion for science, psychology, and spirituality into a holistic healing service. Her love of world travel and exploration of diverse cultures has enhanced her work as an inspiring teacher and compassionate healer. She was a licensed acupuncturist and completed a postgraduate degree in Oriental medicine.

Wednesdays, 11:30 am -1 pm

Exploring Qigong: The Art of Breathing

CRN # 30033

6 weeks: June 17, 24, July 1, 8, 15, 22

Wednesdays, 11:30 am-1 pm

\$20

All of us breathe, but in this class we will explore how to breathe more effectively to enhance our overall health and well-being. Breath work can be the most powerful technique that a person can use to positively affect his or her health. We will explore the ancient Chinese practice of qigong—simple body movements combined with proper breathing techniques. We will also learn the short Swimming Dragon form which helps slenderize the waist and keeps body joints pain-free.

Bill Muerdter (bobag@charter.net) has been practicing and studying t'ai chi (Yang style) and qigong (an ancient Chinese practice combining breathing and movement for health and healing) since the 1980s. He has also studied the yoga tradition of pranayama and the present day breathing program of Dr. Andrew Weil and Dr. G Hendricks.

Wednesdays, 11:30 am -1:30 pm

The Ballparks We Grew Up In

CRN # 30034

1st 4 weeks: June 17, 24, July 1, 8

Wednesdays, 11:30 am-1:30 pm

With slides and video clips, we will visit the sixteen stadiums that were the home of a Major League Baseball team in 1955. A few are still used today, but most have disappeared. We will review facts about each stadium and great moments at them during the 1950s and '60s. Class members who went to games at these ballparks during that era will be invited to share a few experiences.

While growing up, **Larry Griswold** (si54guy@gmail.com) saw games at the Polo Grounds, Yankee Stadium, Forbes Field, and other big league ballparks. Later he worked for *Sports Illustrated* and talked to baseball players he'd watched in those games.

Roth's *American Pastoral* and the American Dream

CRN # 30035

1st 4 weeks: June 17, 24, July 1, 8

Wednesdays, 11:30 am-1:30 pm

Participants will engage in a close reading and discussion of Philip Roth's *American Pastoral*. This book is considered by some to be the great American novel by America's greatest living novelist. We'll look at the book in the tradition of the American Dream; as a portrait of the United States in the '60s, '70s, and beyond; as a classic of post-modernism; and in the context of Roth's other works. **Required text:** *American Pastoral*, Philip Roth, ISBN-10: 0375701427 or ISBN-13: 978-0375701429. Cost: \$0.01--\$12.14.

Jay Jacoby (jbjacoby@uncc.edu) has taught writing and literature for over forty years. He retired from UNC Charlotte in 2004, has been an adjunct professor at UNC Asheville, and has offered ten different courses at the College for Seniors.

The Ultimate Tote Bag and Purse Insert

CRN # 30036

6 weeks: June 17, 24, July 1, 8, 15, 22

Wednesdays, 11:30 am-1:30 pm

Create the ultimate tote bag with plenty of zippered pockets and room for a bottle of water, cell phone, laptop computer, notebook, umbrella, passport and boarding pass, keys, pens, and more. We'll also make an insert that will fit into your purse or tote bag and keep everything organized and within easy reach. This course is for intermediate/advanced sewers. You will need to bring your sewing machine to class. Please contact the instructor for a list of materials. **Materials cost:** \$25-\$30.

Ulane Mellor (ulanacfs@charter.net) has been involved in crafts since childhood. Her two passions are quilting and beading.

Wednesdays, 2-4 pm

Art and Idea at Black Mountain College

CRN # 30037

6 weeks: June 17, 24, July 1, 8, 15, 22
Wednesdays, 2-4 pm

Black Mountain College (1933-1956) was created as an experiment in education, with the idea that creative arts and practical responsibilities are equally important to intellectual development. While it existed for only twenty-three years, it has exercised a tremendous influence on the development of art in the United States. This course will examine the unique educational experiment of Black Mountain and the artists and writers who conducted it. The last class will be a trip to the Asheville Art Museum to explore the museum's Black Mountain College collection of art. **Recommended text:** *Black Mountain: An Exploration in Community*, Martin Duberman, ISBN 13: 978-0810125940 or ISBN 10: 0810125943. Cost: \$15-20.

Candace Reilly (creilly@ashevilleart.org) is the programs manager at the Asheville Art Museum. She studied art history at Saint Mary's College, Notre Dame, and earned an MFA from Savannah College of Art and Design. Prior to coming to Asheville, she taught art history and studio arts.

Building a Better Brain

CRN # 30038

6 weeks: June 17, 24, July 1, 8, 15, 22
Wednesdays, 2-4 pm

This contemporary brain health series will take the learner through the various stages of knowledge necessary for understanding how to better care for and improve brain function. Starting with the foundations of brain plasticity and moving towards more involved topics such as "Blood Sugar and the Brain" and "Exercise and Brain Function," the learner will be armed with a basic but thorough understanding of the numerous influences of the environment on our brains. More practical topics such as "Top Ten Brain Health Tips" will allow the learner to leave with practical advice for *Building a Better Brain*. **Recommended text:** *Soft Wired*, Michael Merzenich, ISBN: 978-0989432825. Cost: under \$15.

Michael Trayford (mtray@hotmail.com) is a board certified chiropractic neurologist with over fifteen years of experience in treating disorders of the human nervous system and helping individuals on their quest for peak brain performance. Neuroplasticity, the brain's ability to change and grow, is the focus of his studies, teachings, and clinical practice.

Get Organized on Your Windows Computer

CRN # 30039

1st 4 weeks: June 17, 24, July 1, 8
Wednesdays, 2-4 pm

Have you saved things to your computer only to have trouble finding them later? Are you confused about the difference between files and folders? Do you want to be able to use your photos on your computer but don't know how to get them off your camera? This very basic hands-on course will cover these topics and more. Bring your own Windows-based laptop or practice on one of ours, which runs Windows 7 and 8. This course is for users of the Windows operating system and NOT for Mac users.

Cynthia Gallinger (Cynthia.gallinger@gmail.com) has an MA in English/technical writing and served as a software support intern for faculty and staff at Western Carolina University. She currently volunteers at the Jackson County Library providing classes and tutoring in adult computer literacy.

Wednesdays, 2-4:30 pm

Painting Water in Watercolor

CRN # 30040

6 weeks: June 17, 24, July 1, 8, 15, 22
Wednesdays, 2-4:30 pm

This is a course for **students who have some watercolor experience**, as opposed to absolute beginners. We will paint assorted landscapes that feature water as the subject matter, including beaches, lakes, waterfalls, etc. Some drawing skills are assumed. We will use YouTube watercolor tutorials and demonstrations as our "text book." **Cost of materials:** \$50, depending on materials needed to purchase. Please see the course webpage at olliasheville.com for a materials list.

Susan Kibler (susankibler1@frontier.com) has taught watercolor and drawing classes at the College for Seniors since 2011. She has a BA in art from Bucknell University and studied at the Art Students League in New York. In 2003 she was admitted to the National Association of Women Artists.

college for seniors

Wednesdays, 2-5 pm

Seniors in Cinema, Section 1

CRN # 30041

4 weeks: July 1, 8, 15, 22

(note late start date)

Wednesdays, 2-5 pm

Let's celebrate ourselves by paying tribute to virtuoso film performances by actors in their "wisdom" years. See how these accomplished artists help us to explore identity, relationships, and experiences in our search for meaning at this phase of our lives. Films shown and discussed include: *The Straight Story*, *On Golden Pond*, *Waking Ned Devine*, and *The Best Exotic Marigold Hotel*. Come join the fun as we explore the comedy and drama of growing old together. **Please note that a section of this course, covering identical material, is offered on Thursdays, 2-5 pm. You may only sign up for one section.**

Beth Johnson (johnson1ea@earthlink.net), a lifelong movie buff, leads a monthly film discussion group for AAUW. In a previous life, **Carol Taylor** (carolmctaylor@gmail.com) enjoyed theater courses at the undergraduate and graduate level and acted in university and community theater productions. She absolutely loves movies.

Thursdays, 9-11 am

Beginning Crochet

CRN # 30042

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 9-11 am

For this course, participants will learn basic crochet stitches and terminology needed to follow a pattern. We will make a simple hat or scarf, and members will be able to take home the pattern for both. Instructions for fingerless mitts or a shawl or afghan will be given using the same pattern. Participants will need to bring two skeins of worsted-weight yarn of their choice, and a size I or J crochet hook to the first class.

Jean Castle (jeancastle@hotmail.com) learned to crochet at age six and has been teaching crochet for at least twenty-five years. For many years, she raised fiber animals and had their fleeces made into yarn for her projects.

Bernard Shaw: Man of Paradox

CRN # 30043

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 9-11 am

Bernard Shaw: Man of Paradox will explore such anomalies as Shaw's pacifism with his extraordinarily insightful knowledge of warfare and his deep admiration for selfless faith in God with his own atheism. The latter is particularly evident in *Saint Joan*, the masterpiece which assured his winning the Nobel prize for literature and in which the simple and courageous faith of Joan is contrasted with the subtle but narrow pontifications of the church authorities who condemned her to the stake. **Recommended text:** *Nine Plays*, G. Bernard Shaw, ISBN: B001BC2GDA or B000KW1I04. Cost: from \$5 (used).

Hal Hogstrom (melbvic1@yahoo.com), PhD, had a forty-six year career in academia, thirty-three years at the College of New Jersey. His teaching was principally focused on theatre and rhetoric, and he directed over one hundred plays. He has taught more than a dozen courses at the College for Seniors.

Thursdays, 11:30 am-1:30 pm

Asheville on the Cheap

CRN # 30044

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 11:30 am-1:30 pm

In this fast-paced course, we'll talk about fun things to do that are free or almost free. We will discover a less expensive way to be involved in the arts, outdoors, shopping, and eating. Everyone will be able to add to the discussion. Participants must be able to use email to receive instructor information.

Linda Orowitz (ashevilledeals@gmail.com) volunteers at the Asheville Visitors' Center and does walking tours of Asheville architecture and the River Arts District. She writes an email on *What to Do in Asheville* to over a thousand people. She loves sharing ideas about all of the wonderful things to do here and how to do them for less money.

Thursdays, 11:30 am-1:30 pm *continued***The Great United States
Exploring Expedition: 1838-42**

CRN # 30045

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 11:30 am-1:30 pm

This six-week lecture format course will tell the story of one of the lesser known but important expeditions in American history. The expedition was authorized by Congress in 1836. Led by Commander Charles Wilkes, the voyage covered over 87,000 miles, involved six vessels and 346 men — including botanists and other scientists, artists, taxidermists and an expert on written languages. We will be using contemporary documents covering the results of the venture (positive and negative) and discovering why one reviewer said “There was never a dull moment” on the Wilkes expedition.

Paula Withrow (pvwithrow@aol.com) has an MA in history from Colorado State University and an enthusiasm for researching little known historical facts as well as historical controversies. She enjoys sharing that research by teaching history — any history. Her previous courses have ranged from ancient history to the Wild West and from exploration to preservation.

Innovators: Computing and the Internet

CRN # 30046

4 weeks: June 18, 25, July 2, 9

Thursdays, 11:30 am-1:30 pm

This course will be a study of the creation of digital computing and the Internet with a focus on the people (e.g., Ada, Countess of Lovelace; William Hewlett and Davis Packard; John von Neuman; Grace Hopper; Doug Engelbart; Vint Cerf; Paul Allen and Bill Gates; Steve Jobs and Steve Wozniak; Tim Berners-Lee; and Larry Page and Sergey Brin) who were the innovators. The instructor will discuss his half-century of participation in the revolution, and the participants will be expected to share their experiences as well. **Recommended text:** *The Innovators: How a Group of Inventors, Hackers, Geniuses, and Geeks Created the Digital Revolution*, Walter Isaacson, ISBN: 978-1-4767-0869-0. Cost: \$8.99 (ebook)

Larry Fincher (larryfincher@mac.com) had a career in academia that included study in science, math, computing, philosophy, social science, and management. He has taught courses at the College for Seniors in computing, science, and philosophy.

The Walk Series by Richard Paul Evans

CRN # 30047

5 weeks: June 25, July 2, 9, 16, 23
(note late start date)

Thursdays, 11:30 am-1:30 pm

The Walk series tells the story of a man who loses everything all at once: his wife, his business, his home. After considering suicide, he decides to walk across the country. As we discuss the life lessons he learns along the way, we will compare them to our own life lessons. This course requires reading the five books of Richard Paul Evans' *Walk* series in five weeks. Because each session will build on the previous one, regular attendance is necessary. The course will begin during the second week of the term to allow for time to begin the reading. **Required texts:** (all by Richard Paul Evans): *The Walk*, ISBN: 978-1-4516-2533-2. Cost: \$4.82. *Miles to Go*, ISBN: 978-1-4391-9146-0. Cost: \$2.92. *The Road to Grace*, ISBN: 978-1-4516-2818-0. Cost: \$6.48. *A Step of Faith*, ISBN: 978-1-4516-2829-6. Cost: \$5.40. *Walking on Water*, ISBN: 978-1-4516-2831-9. Cost: \$.01. Prices quoted are used books from Amazon. There are many copies of these books available also through the Buncombe County library system for loan.

Bobbie Rockwell (bobbieamayrockwell@gmail.com) has a background in education and has extensive training in shared inquiry techniques from the Great Books Foundation. She specializes in literature discussion courses that focus on the examination of our collective life journey.

Thursdays, 2-4 pm

Beginning Line Dance

CRN # 30048

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 2-4 pm

Line dancing is a great activity to keep your mind and body sharp. We will learn the fundamental steps for beginner dances and learn many new dances. Line dancing is lots of fun, dancing to all genres of music.

Denna Yockey (denna.yockey@gmail.com) teaches line dance at Givens Estates, Highland Farms Retirement Center, Harvest House Recreation Center, and AB Tech. She has taught line dancing for seventeen years and had her own dance club in Kansas for eight years. Denna hosts a monthly line dance party at the Asheville Ballroom.

Older, Wiser, Sexually Smarter

CRN # 30049

6 weeks: June 18, 25, July 2, 9, 16, 23

Thursdays, 2-4 pm

This course encourages participants to identify the sexual issues that present themselves, re-think their old scripts, and consider how to create new and positive ways of being sexual as they age. Topics covered include: intimacy and communication, self-pleasuring, body image, cybersex and the Internet, and much more.

Kelley J. Wolfe (mountainsexology@bellsouth.net), PhD, practices as a clinical sexologist. In her practice, she provides private consultation to individuals and couples and comprehensive sex education to people of all ages.

Thursdays, 2-4:30 pm

From Rags to Riches

CRN # 30050

5 weeks: June 18, 25, July 2, 9, 16

Thursdays, 2-4:30 pm

Location: Instructor's home

Scoop up all your “rags” and learn how to turn them into usable clothing or other accessories for you or your home. Go through your closets and find those items that you never wear. Learn how to change the look, alter the fit, or make something new out of something old: a throw pillow, a quilted water bottle bag, doll clothes—even a christening gown from a wedding dress! The instructor will work with each student individually. Participants must bring their own sewing machine. The course will take place in the instructor's home, a ten-minute drive from the Reuter Center.

Jan Guichard (lifebegins70001@yahoo.com) has been sewing almost all her life. She had a successful sewing practice at one time where she also performed alterations and made costumes. Jan has been teaching sewing classes at the College for Seniors for the last seven years.

Thursdays, 2-5 pm

Seniors in Cinema, Section 2

CRN # 30051

4 weeks: July 2, 9, 16, 23

(note late start date)

Thursdays, 2-5 pm

Let's celebrate ourselves by paying tribute to virtuoso film performances by actors in their “wisdom” years. See how these accomplished artists help us to explore identity, relationships, and experiences in our search for meaning at this phase of our lives. Films shown and discussed include: *The Straight Story*, *On Golden Pond*, *Waking Ned Devine*, and *The Best Exotic Marigold Hotel*. Come join the fun as we explore the comedy and drama of growing old together. **Please note that a section of this course, covering identical material, is offered on Wednesdays, 2-5 pm. You may only sign up for one section.**

Beth Johnson (johnson1ea@earthlink.net), a lifelong movie buff, leads a monthly film discussion group for AAUW. **Cindy Berryman-Fink** (berrymanfink@gmail.com) has a PhD in communications. She taught at the University of Cincinnati for thirty-one years and has facilitated groups in business, non-profit, and educational organizations. Cindy has been a long-time connoisseur of film.

Fridays, 9-10:30 am

T'ai Chi for Balance and Agility

CRN # 30052

6 weeks: June 19, 26, July 10, 17, 24, 31

(no class on July 3)

Fridays, 9-10:30 am

\$20

This course introduces students to t'ai chi principles in the Yang style form of Professor Cheng, Man-Ching. By practicing a series of postures and a short form of eight key movements, we will follow the t'ai chi classics to become more balanced, agile, coordinated, relaxed, and mentally alert. **Note: Due to topic popularity, participants may take only one t'ai chi course at initial registration.**

Terry Call (tfcall@icloud.com) has been studying and teaching t'ai chi for nineteen years. He has trained in several styles of hand forms and weapons forms. He has a special interest in t'ai chi as a lifestyle for active seniors.

Fridays, 9-11 am

Lawn Bowling

CRN # 30053

6 weeks: June 19, 26, July 3, 10, 17, 24

Fridays, 9-11 am

Location: Carrier Park

Lawn bowling is popular in most English speaking countries. A three-pound ball with a built in bias is rolled 80-100 feet to its target. The game is competitive, social, and provides physical exercise. You'll learn the rules of lawn bowling and how to use the equipment, with lots of hands-on practice. Equipment will be provided by the Asheville Lawn Bowling Club. The first class will be at the Reuter Center; subsequent classes will be at Carrier Park (Amboy Road and Michigan Ave. in West Asheville).

Stan Glickman (stanthe1949man@yahoo.com) retired to Asheville after surviving more than thirty years with the postal service. He has been lawn bowling for over eight years and has played in local, regional, and state tournaments.

Therapeutic Yoga

CRN # 30054

6 weeks: June 19, 26, July 10, 17, 24,

31

(no class on July 3)

Fridays, 9-11 am

\$20

This two- hour course will provide a gentle introduction to yoga using standing and chair poses (no floor work). Please wear loose comfortable clothing that is easy to move in. A yoga mat is preferred for the standing poses (or if you have no mat, you may wear secure closed-toe shoes with good grip). This course is great for those who want to work on balance, flexibility, mobility, and relaxation. As long as you can stand up and sit in a chair, this class is for you! No prior yoga experience is necessary. **Due to topic popularity, participants may take only one yoga course per term at initial registration.**

Ellen Morrissey (LNMyogatherapy@gmail.com) is a certified yoga instructor who specializes in gentle and therapeutic yoga. She has received her 500-hour certification in therapeutic yoga, and has been practicing yoga since 2000. You can learn more about her and therapeutic yoga at www.LNMyoga.com.

This Summer, Go Behind the Scenes with Asheville Lyric Opera

Asheville Lyric Opera (ALO) brings great stories and music to life on Asheville's premiere theatrical stage, the Diana Wortham Theatre. This summer, ALO will continue to bring Opera Talks to the Reuter Center. Come enjoy a behind the scenes journey as ALO general director David Craig Starkey and a cast of industry professionals guide you through their operatic world. All sessions are free and open to the public and will be held in the Manheimer Room at the Reuter Center. To learn more about ALO or to purchase tickets for their performances, visit their website at ashevillelyric.org

Friday, May 15

How Can Anybody Sing?

You may have asked yourself, what's the difference between a person who sings in the shower and an opera singer performing on the stage? In this lecture David Craig Starkey will discuss the differences between singing professionally and singing for pleasure. Let us answer the question, "How can anybody sing?"



Friday, June 19

Guest Artists Talk About Performing in *Rigoletto*

Hear from performers, directors, and those who work behind the scenes of Asheville Lyric Opera's summer production of Giuseppe Verdi's *Rigoletto*. They will discuss the exciting collaboration between the Asheville Lyric Opera and Brevard Music Center to prepare a show of this caliber, what they've learned, and how both organizations benefitted. Performances will be held June 25 and 27 at Brevard Music Center and July 2 and 5 at the Diana Wortham Theatre.



Friday, July 24

Summer Artist Program Highlight Concert

The Summer Young Artists of Asheville Lyric Opera will perform a collection of opera highlights, art song, and classical pieces they have worked on during their summer study program. The young artists come to Asheville from around the country and participate in an intensive program for six weeks to develop their singing, acting, dancing, and performing skills. They range from young professionals to students, and they participate in ALO's summer productions and perform extensively around the Western North Carolina region. This is a wonderful opportunity to hear these young artists in an intimate setting.

Friday, August 21

Special Recital by David Craig Starkey

This recital will feature Asheville Lyric Opera's general director David Craig Starkey for an exciting afternoon of varied music. Starkey graduated from Indiana University with a masters in opera performance and spent an extensive amount of time performing in the professional opera world before settling in Asheville to direct the Asheville Lyric Opera.



● Campus Buildings

- 1 118 W.T. Weaver (118)
- 2 Belk Theatre (BEL)
- 3 Brown Hall (BRO)
- 4 Brumit Pisgah House (BPH)
- 5 Carmichael Hall (CAR)
- 6 Glasshouse (GLA)
- 7 Highsmith Union (HIG)
- 8 Humanities Lecture Hall (HLH)
- 9 Justice Center (JUS)
- 10 Karpen Hall (KAR)
- 11 Lipinsky Hall (LIP)
- 12 Millar Facilities Complex (MFC)
- 13 New Hall (NEW)
- 14 Owen Hall (OWE)
- 15 Phillips Hall (PHI)
- 16 Ramsey Library (RAM)
- 17 Reuter Center (REU)
- 18 Rhoades Robinson Hall (RRO)
- 19 Sherrill Center/Kimmel Arena (SHE)
- 20 Student Recreation Center (SRC)
- 21 Vance Hall (VAN)
- 22 Weizenblatt Hall (WEI)
- 23 Zageir Hall (ZAG)
- 24 Zeis Hall (ZEI)

■ Residence Halls

- 25 Ashe Hall (ASH)
- 26 Founders Hall (FOU)
- 27 Gardner Hall (GAR)
- 28 Governors Hall (GOV)
- 29 Hoey Hall (HOE)
- 30 Mills Hall (MIL)
- 31 Moore Hall (MOO)
- 32 Overlook Hall (OVE)
- 33 Scott Hall (SCO)
- 34 South Ridge Hall (SOU)
- 35 West Ridge Hall (WES)

● Outdoor Spaces

- 36 Botanical Gardens
- 37 Curry Courtyard
- 38 Glenn's Creek Greenway
- 39 Greenwood Fields
- 40 Karpen Garden
- 41 Labyrinth
- 42 Mullen Park
- 43 Permaculture Garden
- 44 Reed Plaza
- 45 Reynolds Green
- 46 Student Environmental Center Garden
- 47 Straus Track
- 48 Tennent Park / Outdoor Classroom)
- 49 University Quadrangle

🚗 Parking Lots (Visitor parking in yellow)

R	Resident Student	F/S	Faculty/Staff
NR	Non-Resident Student	V	Visitor
P1	R/NR/All approved freshmen	P11 NR	P23 F/S
P2	R/NR	P12 NR	P24 V/F/S
P3	R	P13 F/S/V	P25 F/S
P4	R	P14 F/S	P26 NR
P5	F/S	P15 F/S	P27 F/S
P6	F/S	P16 F/S	P28 F/S/NR
P7	F/S	P17 V	P29 Satellite lot
P8	NR	P18 V/F/S	P30 Patients
P9	V/F/S/NR	P19 F/S	P31 Event Parking
P10	NR	P20 R	P32 F/S
		P21 NR	P33 V/F/S
		P22 NR	

🚌 Shuttle stops 🍽️ Food served



Reuter Center, CPO #5000
UNC Asheville
One University Heights
Asheville NC 28804-8516

Return Service Requested

NON-PROFIT ORG.
U.S. POSTAGE
PAID
ASHEVILLE, NC
PERMIT NO. 31



828.251.6140
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www.olliasheville.com

Don't use email? Please call us or visit the Center frequently to stay informed.

