What Is Life Like on the Other Side of the Veil?

A Message from Sanaya as received by Suzanne Giesemann

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Note: These words were received in a non-stop transmission over the period of one hour and twelve minutes on July 13, 2014. “This one” or “the channel” refers to Suzanne.

We address ourselves now to the one known as Kenneth Ring, a messenger in his own light. There has arisen in him a curiosity about life on the other side of the veil and he has not known why. Kenneth, we wish you to know now that we have used you to bring this one, our channel, to a new level of trust and attunement.

Your questions raised in her the awareness of that which lay below the surface: a dissatisfaction with her lack of knowledge about the other side, and suddenly, much to her surprise, all of the awareness that had been given to her over the five years of connecting across the veil is coalescing into a grand picture of life on the other side, as you call it.

So, allow us to put into words through the English language for the first time the concepts which this one has known at a soul level, but did not trust herself enough to put into one great tapestry. Do you see now how you have been used? And we thank you.

As to the so-called other side, it is not a place, but a state of consciousness. What place are you in each night as you dream? Can you pinpoint it on your map? Yet it is very real to you, is it not? The experiences you have in your dreams are very real, very solid. You move about as you do in human form. There you are, walking about in your dreams one “moment” (for there is no time in your dreams ... do you not exist in a timeless state in your dreams in which one second is equivalent to one hour or one year or one lifetime? You will excuse us if we ramble...) and the next so-called moment, why, you take off and are flying! It is magical, is it not? This is true freedom. There is no sense of pain. There is no hunger. Yet, there are emotions. There is a bit of fright at times, as well as moments of sheer bliss.

Welcome to the first level of consciousness after passing ... but only ... and this is quite important, if you have passed to the other side having achieved a level of consciousness that is relative to the mass of human consciousness. In other words, most of your fellow human beings who have not done much homework in the arena of raising their consciousness will find themselves in this dreamlike place/state of walking,

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1 This is a clever play on words that seems to point to Dr. Ring’s book, “Lessons from the Light"
flying, eating, singing, studying, playing golf, living in houses, playing a musical instrument, and all of those other so-called human activities which you enjoy now.

That word "enjoy" is quite important. Why would you eat on the other side, you ask, and we wish to tell you that it is not for nutrition, but for the sheer enjoyment of it. Would it not be "heaven" to be able to eat ten of your berry pies and not blow up like a big, fat berry yourself? Yes, of course we have a sense of humor. Why do you think we have linked you and the channel together? (For the humor you so enjoy)

And so, returning to the subject at hand, if you always wanted to sky dive, and you arrive on the other side at the first-level-of graduation consciousness, why then you sky dive at will. The airplane magically appears, and perhaps it is flown by your best friend from high school who always wanted to be a pilot. And when the time comes to jump out of the plane, why, you don't even need a parachute and you feel no fear. It is quite the thrill, and you realize, "I am creating this! I am controlling this dream!"

And therein lies the key. The more of these realizations you have that you are creating your experiences and that creation is instantaneous, the less you need to hold onto this lower level of human-like consciousness. Your parachute disappears first, and then your flight suit, and you find yourself naked, and do you know what? You are not embarrassed, for you realize, "Wait a moment! This body is no more real than my parachute! I need no more of this body than I need a parachute!" But you still wish to have form, and so you now don a white robe. Or perhaps you have always liked purple. It matters not. The meaningful point here is that you have just moved up a notch and no longer need your "human suit."

You have now graduated to the next level up on the ladder of consciousness. You dress in robes (but only if your consciousness wishes to differentiate yourself from the others you now find about you in robes). And what are you doing there "all day" (in this environment in which the sun never sets, yet in which you do not see the sun -- there is simply an ever-present warm glow that you feel as much as you see)?

You and your robed friends no longer eat, for you have finally satisfied those human desires for simple pleasures and instant gratification. You have now realized that gratification is the result of simply knowing who you are. You know who you are -- a being in a state of being, and you experience gratitude and the awareness that you are love. You now want nothing more than to share that love with others and to help them rise to the level you have achieved. You realize that this is what "it" is all about -- this experience of differentiated consciousness. You realize that you have arisen from the sea of undifferentiated consciousness, but you are not yet ready to return fully to that state. You have work to do.

You now take on a mission of a higher kind. You become a spirit guide to others, or perhaps you help those who have recently passed over, or perhaps you minister to those who have taken their own lives. You may help those who find themselves at the sub-levels of human consciousness --- those who never did fully grasp the concept of
love whilst in human form and perpetuated acts of so-called evil. They are not left to feel their remorse alone. You may decide to stand silently at their side to let them know that when they are ready to face their actions they will be guided gently and lovingly to a higher level.

And as you do this work you are rewarded, for the same law that is in effect at the human level comes into play: you reap what you sow. You have now done a tour of duty in this level. You make a choice as to how you can benefit the whole in the greatest capacity. As your learning increases and your growth increases along with it, you are "rewarded" by your own actions and you move up the ladder as it were.

Now you no longer need a robe. Now you are pure light. Now you circulate more freely amongst those at the other levels. You may visit those in the human consciousness realms on particular missions, or at the other levels. You may be seen as an orb or as an angel. Those with eyes to see will see your glow. Your fellow lights know you by the particular glow or vibration of your light, and so, you see, you have no need for names or clothes. What do you do all day? You are. You love. By your very presence you raise the consciousness of the whole. You teach. You glow. You need not DO anything. Your environment is not an environment. You no longer have need for houses, or schools, or music, or things. Your music is the vibration of love. It is all around you and you know it as you. Yet still, you know there is more. There is the entirety of all that is you.

Now, we wish to explain that one does not necessarily rise through the ranks, as it were, in a linear fashion. Life is like a spiral. Growth occurs in this spiral fashion. You are not actually slipping backwards should you decide to have another go at it as a human, for you will return to human form vibrating at a higher level and taking back with you more love than the last time you incarnated. And so it is when you leave. Over and over you may return to that state of consciousness immediately following loss of the human body where there is form and structure and clothing and berry pies, until one day you have risen high enough on the spiral that you decide you are ready to take it to the next level. And that is how it goes ... spiraling, spiraling at the exact pace that is right for your soul.

There is no competition with other souls. There is no race. There is no judgment or comparison. There is blending, however ... blending of soul energy the higher you go, like a pyramid (picture, if you will, your food pyramid or your Maslow's hierarchy as a spiral within a triangle, rising, blending, coalescing, all of you, until you reach the pinnacle of "existence" and MERGE. Can you FEEL this? Close your eyes for a moment and merge with your very Self.

That state of perfect blending with All That Is lies within all of you always. It is the recognition of this, your Source, your Essence, that keeps you--all of you--moving ever onward and upward along the spiral.
And so, consciousness creates your reality. What is your state of consciousness now? Then that will be your reality the moment you pass to the other side. Do you have attachments to food and music and things and people? Then you will need to surround yourself with those things when you get to the other side, and so it will be. Do you expect nothing but darkness? Then that will be your experience, but only for a brief time, until one of the beings of light standing at your side helps you to open your eyes and see the light.

Have you achieved the state of consciousness where you realize now that you could live very well without food and music and things, but you very much appreciate them? Do you realize now that you are the love you seek? Do you want nothing more than to help your fellow man? Do you feel compassion and understanding for all of your fellow beings, no matter their transgressions in this lifetime? Why then, our friend, we daresay you will jump to the head of the class, catapulting right over the heads of those souls sitting in classrooms on the other side, right past those falling out of perfectly good spirit airplanes, and right past the bakery display cases to live amongst the robed beings, or perhaps like the one known as Wolf you will go directly to the realm of the angels and carry on your learning and your good works.

You create your own reality ... here, now, and in every now-moment that follows, for now is all there is.

This one did suddenly allow into her consciousness the seed of doubt that, oh my goodness, we are addressing a foremost expert in near death experiences. And we remind her now of the Source of these words. And we assure her that these descriptions and these explanations are consistent with your findings, Kenneth Ring, even though this one, the channel, has not the depth of knowledge you do in this regard. She does not need it. We have been bringing to her for five years now beings from each of these levels we have described.

Allow us to digress a moment and tell you that the levels are not clearly delineated as many would desire. We will not number them or label them precisely, although we have attempted to do so somewhat with a bit of humor to satisfy your human curiosity and desires to stratify and quantify and qualify ... but these different experiences are simply notes on a scale rising every higher ... different tones of vibration with specific experiences pertaining to each note. What song are you singing now? That will be the song you hear when you pass from your physical body.

Returning to the mediumship ... this one has met up with beings who have passed, each one from each of these so-called levels. Some have told her, "I am in recovery after taking my life. I am in a sort of sanitarium, surrounded by helpers." Others have shown her that they are working with children. Others have told her that they are enjoying reading every book available in a vast library of knowledge. Others have not told her anything, but revealed themselves as beings of light and love.
We share this information now to be used for the greater good, which is the only reason to do anything, is it not?

We wish you goodnight.

For more about Sanaya and Suzanne’s work visit www.LoveAtTheCenter.com

And

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