Curried Lentils

Ingredients:

- ✓ 1 Cup Soaked and sprouted whole lentil beans
- ✓ 4 Tablespoon oil
- ✓ 2 Teaspoon curry powder
- ✓ 1 Teaspoon salt
- ✓ 2 Teaspoon Lemon Juice

Directions:

1. Heat oil, in a pan.
2. Add lentil beans, curry powder and salt.
3. Cover with a lid and cook for 5 to 6 minutes.
4. Add lemon juice before serving.