



Summer Tips for Saving Energy

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Summer and the high temperatures it brings increase electrical loads. Keep cool this summer and save energy costs by following these simple tips around the house.

Summer cooling tips

- Turn off unnecessary lights. Much of the energy from a light bulb is heat.
- Replace incandescent bulbs with CFL and LED bulbs.
- Make sure furniture or drapes do not block your registers for supply and return air.
- Wear thin, loosely fitting clothes and you may not have to keep room temperatures as cool.
- Keep the sun out. Close blinds, shades or curtains during the hottest part of the day.
- On mild days, open windows for natural ventilation and turn the air conditioning off.
- Use portable or ceiling fans. Run ceiling fans counterclockwise. Mild air movement of 1 MPH can make you feel 3 to 4 degrees cooler.
- Apply sun-control or other reflective films on south-facing windows.

Cooking

- Cook on your outdoor grill. The stove/oven can raise the kitchen temperature 5 to 10 degrees.
- Use a microwave instead of a conventional oven to save money and keep your kitchen cooler.
- Move a spare refrigerator out of the garage to a basement or spare room; the unit won't have to work as hard to keep food cold.

Household chores

- Do heat- and moisture-producing jobs such as cooking, cleaning, ironing and laundry during the cooler early morning and evening hours.
- Air-dry dishes instead of using the dishwasher's heat drying cycle.
- Avoid unnecessary trips in and out of the house, especially on very hot days. Heat and humidity come in each time you open the door.