



# CONTINUING EDUCATION



## HERBAL FORMULATION WORKSHOPS:

April 12 & 13, 2014  
9 a.m. – 5 p.m.  
NCNM, Room 201  
049 SW Porter St.  
Portland, OR 97201

Practitioners  
\$100 one day  
\$150 both days

Students  
\$25 one day  
\$50 both days



Professional Credits:  
General Naturopathic  
14.0 CEUs pending  
approval by OBNM

[www.ncnm.edu/ce](http://www.ncnm.edu/ce)  
503.552.1517

NCNM's Herb Society presents

## Herbal Formulations I & II

with Eric Yarnell, ND, RH (AHG)

### HERBAL FORMULATIONS I (SATURDAY)



A hands-on review of the foundational principles of western herbal formulating, including:

- Lead, supporting, synergizing & driving herbs
- Fundamental western *materia medica*
- Illustrative case studies
- Tools for easy tincture and tea prescribing
- For those limited formulating experience

### HERBAL FORMULATIONS II (SUNDAY)



A hands-on discussion of advanced topics in western herbal formulation to include:

- Acute and chronic conditions
- Integration of low-dose (potentially toxic) herbs into formulas.
- Less well known drivers & synergizers
- Dr. Silena Heron's theory of tissue-specific lymphagogue herbs.
- Practice with case studies
- For those with previous formulating experience or who have taken Formulations I



Dr. Eric Yarnell serves as assistant professor in the department of botanical medicine at Bastyr University. He has published numerous articles and textbooks in urology, gastroenterology and herbal medicine, including "Clinical Botanical Medicine 2nd ed," which he co-authored.

