



## RRTC – EBP VR

Rehabilitation Research & Training Center for  
Evidence Based Practice in Vocational  
Rehabilitation

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### **What is the Rehabilitation Research and Training Center on Evidence-Based Practice in Vocational Rehabilitation (RRTC-EBP-VR)?**

We develop evidence-based knowledge and tools for VR practitioners that will improve employment rates, and quality of employment, for people with disabilities.

Visit <http://research2vrpractice.org/>  
to learn more about us.

### **Promoting and Supporting Evidence-Based Rehabilitation Practice with Knowledge Translation**

#### [Listen to the Presentation!](#)

John Lui and Cayte Anderson presented “Promoting and Supporting Evidence-Based Rehabilitation Practice with Knowledge Translation” on February 4 at the RRTC’s symposium on evidence-based practices in rehabilitation counseling. You can [listen to their presentation](#) to learn how vital the interaction between practitioners, researchers, and stakeholders is to positive outcomes for people with disabilities.

### **Emphasizing the Positive: The Role of Attachment Style, Social Support, and Coping on Happiness in Persons with Spinal Cord Injuries**

Individuals’ attachment styles, approaches to coping, and levels and types of social support have been identified as indicators of how well they will positively adjust to disability. [Learn the results](#) of recent research that examined how these factors correlate with happiness in a sample of individuals with spinal cord injuries, and whether these findings apply to the general population of people with disabilities.

Practitioner feedback on research:

*"A nice short piece. I am somewhat amazed it did not include any reference to spiritual supports given the kinds of supports needed, and the way that spirituality and congregational supports touches every one of those areas. One might assume it under "natural supports" and "friends," but from what I know, spirituality plays a huge role in coping journey from spinal cord injury."*

Researcher response:

*"You have a really good point. However, spirituality is frequently accounted for as a proxy for social support, and every possible variable (such as spirituality) can't be included in each study. That would increase the length to the point where people would no longer be willing to participate."*

*You'll be interested to know that we're currently working on a paper to study perceived stress, health status, social support, self-esteem, and psychological well-being as mediators of the relationship between spirituality and happiness. This will give a more in-depth treatment of spirituality and happiness."*


## **Evidence-based Best Practices in the Public Vocational Rehabilitation Program that Lead to Employment Outcomes**


Findings from the RRTC's Phase II study are featured in a Special Issue of the Journal of Vocational Rehabilitation. You can access the Journal at no cost at [IOS Press](#).

**Find additional resources related to EBP at [research2vrpractice.org](http://research2vrpractice.org).**

## **Technical Assistance and Training**

The RRTC-EBP VR is your resource on evidence-based practices in vocational rehabilitation. To contact us, call 855-820-3929, or send us an [email](#).

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