

State Trainer Description

Please find the attached application for becoming a State Trainer for the NAMI Family to Family, Basics and Peer to Peer Education Programs. These trainings will enable you to lead a training at the 2 and 3 day workshops held by the state affiliate or sponsored by your local affiliate.

Please understand that when you become a state trainer, you not only become available to your affiliate, but you also become part of the state affiliate's trainer capacity, which means that on occasion you may be invited to lead a training by NAMI California as well. (You have the option of declining such an invitation)

NAMI California State Trainings: Trainers are usually given a few months' notice before a training. For every training two trainers are scheduled, and one back up trainer is arranged in case of a cancellation. (For Spanish programs two back up trainers are scheduled.)

To be a state trainer in the Family or Peer education programs you must be:

- A current member of a NAMI affiliate
- Recommended by your affiliate
- Have been trained as a Family to Family, Basics teacher or Peer Mentor
- Have taught at least one entire Family to Family, Basics or Peer to Peer course.
- Someone who works well as a team member with another co-teacher/mentor
- Committed to be available for three days to teach a training (Basics - 2 days)
- Available most of the year, especially September – November, January to June.
- Committed to teaching two workshops to fulfill your obligation for this training.

To be a state trainer in the Family or Peer support group programs you must be:

- Trained as a support group facilitator (Family Support or Connection)
- Someone who works well as a team member with another co-facilitator
- Have led a support group for at 6 months using the NAMI Support Group model.
- Committed to be available for two days to lead a training
- Be committed to leading two workshops to fulfill your obligation for this training.

Becoming a state trainer is **not** for you if:

- You have a job which demands that you travel frequently.
- You have several other obligations which would create a hardship for you to be gone for three days.
- Are willing to lead a training but with only one particular co-trainer and no others

Compensation: Trainers who lead a training are compensated and mileage is reimbursed*. If you live more than a half hour from the training you will be offered private guest room accommodations at a hotel.

We look forward to receiving your application and **thank you** for wanting to be part of the State Trainer team for Family or Peer programs! Please feel free to contact us if you have any questions.

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