

THURSDAY NIGHT 2015:

A Series of Open Programs @ The Bead Angel

ALL THURSDAY EVENING PROGRAMS are 7:00pm to 9:00pm.

Open to all on a Donation or Small Fee Basis – drop in freely – no texts or other requirements.

PLEASE ARRIVE PROMPTLY, NO LATER THAN 6:55PM,

AS THE DOORS WILL BE LOCKED & THE PROGRAM WILL BEGIN AT 7:00pm SHARP!

FIRST THURSDAYS: AWESOMESAUCE TRIBE WOMEN'S CIRCLE:

Ladies, join the Awesomesauce Tribe! Facilitated by the Awesome (sauce) Sierra Koch. This is a free-wheeling, unformatted, women-only, adults-only support group. This women's circle is known for laugh-out-loud moments, heartfelt sharing, fun activities and much more. This is an awesome(sauce) sisterhood that welcomes each sister with open arms, no matter if you've been to one meeting, all meetings, or it's your first time. Each month has a different theme, activity & goddess to celebrate. Mailing list to get reminders & notices to bring something for the meeting: CONTACT Sierra Koch at skoch86@gmail.com and ask to be added to the Awesomesauce list. Fee is donation.

2nd or 4th, As Announced: EMPATH & HIGHLY-SENSITIVE- PERSONS DISCUSSION GROUP:

Are you an Empath or a Highly Sensitive Person? Do you pick up physical pain or feelings from others? Feel drained or sick around certain people? Are you sensitive to light, sound or touch? Do people gravitate towards you for help? Does any of this sound like it might apply to you - or someone close to you?

JOIN US in this ongoing group to help support, answer questions & generate discussion among "Empaths" & "Highly Sensitive Persons". Help us make this Group a place for you & others like you, to know that you are supported & to grow 'in community' as you learn more about yourself and your abilities.

SARAH POSTLEWAITE, LCSW, Integrative Energy Worker, Facilitator. Join Sarah in exploring how, as Empaths & HSP's, you can "live, love & prosper", enjoying a fulfilling & successful life in today's world.

Not sure if you are an Empath or HSP? Come to this discussion group & find out! There is a test you can take to see where you fall on the 'Empathic Continuum'. Come. Share with others like yourself, learn some coping mechanisms, ask some questions. The space at the Bead Angel is warm and welcoming - and so is the nature of the group. You just may find the extended 'family' you didn't even know you were looking for! Fee is donation.

THIRD THURSDAYS: ADVENTURES IN THE CRYSTAL KINGDOM:

Monthly Crystal Classes with Certified Crystal Healer & Reiki Practitioner Sierra Koch, \$10 fee.

Are you ready to dive into the enchanted world of crystals? Do you know a little bit about our sparkly friends, but wish you knew more? Join us as we explore the Crystal Kingdom! The focus for each month will alternate between a technical 'hands-on' class and a 'Crystal of the Month'. Each class stands alone, no on-going commitment is necessary.

Specific stones or families of stones will be addressed each month – you can bring your own or pick new ones up at The Bead Angel before class. Handouts will be provided at each class – materials from classes you missed will also be available for a small extra fee. **NOTE -- Class 1 covers basics that everyone must know – everyone WILL BE expected to purchase a copy of the Class 1 basic materials if they miss it.**

4th or 2nd, As Announced: THE PAGAN LIFE DISCUSSION GROUP:

TOPICS discussed will center around the 'pagan lifestyle' – the physical, philosophical, spiritual and psychological realities of living as a Pagan in a predominantly non-pagan world. Led by Brandon, a Wiccan High Priest. Come. Share with others like yourself, ask some questions, listen & learn. The space at the Bead Angel is warm and welcoming - and so is the nature of the group. You just may find the extended 'pagan family' you didn't even know you were looking for! Fee is donation.

FIFTH THURSDAYS: SPECIAL PROGRAMS AS ANNOUNCED:

PLEASE INQUIRE AT THE DESK FOR FURTHER INFORMATION