



VOLUNTEER OPPORTUNITIES

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| Homebound Meal Driver | Deliver a hot meal and a warm greeting to homebound seniors one morning a week from 9:30 to 11:30. Training will be provided. Minimum age 21 – Fingerprinting, Driver’s License and proof of auto insurance required. TB test required for this position. |
| Adult Day Care Volunteer | Support and assist in activities for memory impaired seniors. Assist with arts and crafts projects, meals, games, and social activities throughout the day. Training: Tour, Orientation, and activities. Minimum age 14 – TB test & Fingerprinting required 18 years and above. Weekdays 8:30am to 4:00pm. |
| Childcare Volunteer | Assist with infants and children 6 weeks to 5 years old. Support staff in providing a safe, warm and healthy learning environment. Minimum age 14 – TB test required for all volunteers. Childcare is available to volunteer on the weekdays between 8:30am -12:00, or 3:30-6pm. |
| Farmers Market Volunteer | Support the farmers and staff at the market. Positions include greeting at the front gate, helping with children’s activities and assisting small business. <u>Sunday</u> morning from 7:00am – 1:00 pm. Minimum age 14. No partial shifts allowed. |
| Grocery Shopper Volunteer | Grocery Shopping and delivery to frail homebound seniors on an ongoing basis. Have a social visit along with providing a vital service. Hours are flexible. Minimum age 21, however, minor acceptable with an adult. Fingerprinting (18 years and above), Driver’s License, and proof of auto insurance required. |
| Telephone Reassurance | Make phone calls to seniors within our community to check on their well-being while having a social visit. Calls are made from the ONEgeneration Senior Enrichment Center. |
| Special Projects Volunteer | Register to be included as a special projects volunteer. Projects range from stuffing envelopes, filling, decorating or helping with an event. Join a committee for special events to help with sponsorships, securing silent auction items and more! |
| Dining Site Volunteer | Assist with serving food to participants in lunch programs. ONEgeneration has five locations where lunch is served Monday through Friday. On-site training with Dining Coordinator. |
| Administrative Support | Help with clerical and reception assistance. |

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| Teacher | Teach a class to seniors at one of our sites. Looking for teachers for the following classes: Book Club, Square Dancing, Ballet and Bridge. |
| Entertainer | Entertainers needed for the lunch program at the Senior Enrichment Center and the Adult Daycare. |
| Computer Tutoring | Teaching seniors basic computer skills, internet, e-mail and word processing programs. Tutoring is done one on one, not in a classroom setting. Minimum age 14. Mentor times are based on the mentor's availability. |
| Intergenerational Program | Programs for seniors to participate with youth in structured programs designed to involve the students in life skills, arts, nutrition, and a variety of fun engaging activities. |

INTERNSHIPS: ONEgeneration offers internship and service learning opportunities for students in all of our programs.

Nursing, Gerontology, Child Development, Sociology, Social Work, Fund Development/Grant Writing, Health Administration, And more...

If interested please contact:
 Amber Fuellenbach
 Director of Volunteer Services
 (818)708-6668
 (818)705-2592 fax
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Senior Enrichment Center
 18255 Victory Blvd.
 Reseda, CA 91335

Adult Day Care
 Child Care
 Farmer's Market
 17400 Victory Blvd.
 Van Nuys, CA 91406