TUESDAY WEDNESDAY **THURSDAY** MONDAY **FRIDAY** 2 5 3 4 9:30 AM 9:30 AM 9:30 AM 9:30 AM 9:30 AM REVIEW ACTIVITIES **REVIEW ACTIVITIES REVIEW ACTIVITIES REVIEW ACTIVITIES REVIEW ACTIVITIES** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC 10:15 AM CHAIR EXERCISE TO MUSIC W/ RITA & 10:15 AM CHAIR EXERCISE TO 10.15 AM 10:15 AM CHAIR EXERCISE MUSIC W/ CHARLIE & RITA CHAIR EXERCISE TO MUSIC W/ CHARLIE & ERICKA W/ CHARLIE & RITA 11:00 AM CURRENT EVENTS W/HEATHER 11:00 AM CURRENT EVENTS CHARLIE 10:45 AM -11:15 AM PET THERAPY W/ ROXY & 11:00 AM CURRENT IN ENGLISH & SPANISH 11:00 AM CURRENT EVENTS IN ENGLISH & SPANISH 11:30 AM SING-A-LONG IN 11:30 AM SING-A-LONG IN **EVENTS IN ENGLISH** IN FNGLISH & SPANISH ENGLISH & SPANISH 11:30 AM SING-A-LONG IN & SPANISH **ENGLISH & SPANISH KATHERINE** 11:30 AM SING-A -1:00 PM TRIVIA FACTS IN ENGLISH & SPANISH 1:00 PM TRIVIA IN ENGLISH & LONG IN ENGLISH & ENGLISH & SPANISH (NATIONAL 1:00 PM ENGLISH TRIVIA SPANISH SPANISH I:00 PM TRIVIA 1:40 PM VOLLEYBALL W/NET, POKER TABLES W/TRISHA & ARLENE 11:00 AM CURRENT EVENTS IN ICE CREAM SANDWICH DAY) (TONY BENNETT'S 90TH B-DAY) & SPANISH GRP 1:40 PM NICE & FASY **ENGLISH & SPANISH** SOCIAL IN ENGLISH & STRETCHING W/BACK TRIVIA 11:30 AM SING- A -LONG IN ENGLISH & SPANISH MASSAGE & RELAXATION 1:40 PM MID-WEEK MOVIE & POLISHING SPANISH 1:40 PM BASEBALL & 2:00 PM LADIES ICED TEA W/ POPCORN IN ENGLISH & 1:00 PM TRIVIA IN ENGLISH & NAILS BOWLING; ARTS & CRAFTS W/ TRISHA & 2:15 PM SING-A-LONG MUSIC SOCIAL W/ HATS SPANISH: POKER GAME SPANISH 2:45 PM SENSORY VIDEO 1:40 PM BINGO & LOTERIA VIDEO & TABLE GAMES W/ARLENE & TRISHA POLISHING NAILS 3:00 PM SENSORY VIDEO & 2:00 PM SINGING GRP 2:45 PM SENSORY VIDEO & DOMINOES 2:00PM WORD PLAY TABLE GAMES (SENIORS ENTERTAINING & POLISHING NAILS (TIC TAC TOE) SENIORS) 2:45 PM SENSORY VIDEO, 3 2:45 PM SENSORY VIDEO, TABLEGAMES & MUSIC TABLE GAMES, AND MUSIC NATIONAL WATERMELON SOCIAL **SOCIAL** DAY 9 10 **ELVIS WEEK 10TH-**11 12 16[™] 9:30 AM 9:30 AM 9:30 AM 9:30 AM REVIEW ACTIVITIES REVIEW ACTIVITIES 9:30 AM REVIEW ACTIVITIES REVIEW ACTIVITIES SCHEDULE & ORIENTATION SCHEDULE & ORIENTATION REVIEW ACTIVITIES SCHEDULE & ORIENTATION SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE W/ 10:15 AM CHAIR 10:15 AM CHAIR EXERCISE W/ SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE FXFRCISE W/ CHARLIS & RITA 10:15 EXERCISE TO MUSIC W/ HFATHER FRICKA & CHARLIF 11:00 AM CURRENT EVENTS CHARLIE & RITA 11:00 AM CURRENT EVENTS W/ RITA & CHARLIE 11:00 AM CURRENT EVENTS IN 11:00 AM CURRENT IN ENGLISH & SPANISH 11:00 AM CURRENT EVENTS ENGLISH & SPANISH IN ENGLISH & SPANISH **EVENTS IN ENGLISH** 11:30 AM SING A LONG IN IN ENGLISH & SPANISH 11:30 AM SING-A-LONG IN 11:30 AM SING A LONG IN **FNGLISH & SPANISH** 11:30 AM SING-A-LONG IN **FNGLISH & SPANISH FNGLISH & SPANISH** & SPANISH 1:00 PM NATIONAL ZUCCHINI 11:30 AM SING-A-1:00 PM TRIVIA IN ENGLISH & **ENGLISH & SPANISH** 1:00 PM TRIVIA IN ENGLISH & LONG IN ENGLISH & 1:00 PM TRIVIA IN ENGLISH DAY TRIVIA IN ENGLISH & **SPANISH** SPANISH 1:40 PM NICE & EASY & SPANISH 1:40 PM TABLE TOP SOCCER & SPANISH STRETCHING W/ BACK MASSAGE AND RELAXATION 1:40 PM MID-WFFK MOVIF 1:40 PM ART & CRAFTS 1:00 PM SPANISH GRP ELVIS) IN ENGLISH & 2:00 PM BINGO & LOTERIA WATERMELON TRIVIA POKER TABLES W/ARLENE & IN ENGLISH & 2:00 PM COED ICED TEA SPANIŚH W/ POPCORN 2:45 PM SENSORY VIDEO, TRISHA SPPANISH SOCIAL W/ RITA ON PATIO & POKER GAME **PUZZLES & DOMINOES** 2:45 PM SENSORY VIDEO. 2:45 PM SENSORY VIDEO, TABLE GAMES & MUSIC PUZZLES, & NAIL POLISHING & MAKE-UP SALON 2:45 PM SENSORY VIDEO. MUSIC SOCIAL, & DOMINOES 11TH -14TH U.S SENIOR SOCIAL **OPEN (GOLF)** 1:40 PM BASEBALL, ARTS & CRAFTS 2:15 PM CHARADES 2:45 PM SENSORY VIDEO, TABLE GAMES & MUSIC SOCIAL 15 16 <u>17</u> 18 19 9.30AW 9.30 AM 9.30 AM 9.30 AM 9:30 REVIEW ACTIVITIES REVIEW ACTIVITIES REVIEW ACTIVITIES REVIEW ACTIVITES REVIEW ACTIVITIES **SCHEDULE & ORIENTATION SCHEDULE & ORIENTATION** SCHEDULE & ORIENTATION SCHEDULE & ORIENTATION SCHEDULE & 10:15 AM CHAIR EXERCISE TO MUSIC 10:15 AM CHAIR EXERCISE W/ 10:15 AM CHAIR EXERCISE 10:15 CHAIR EXERCISE W/ ORIENTATION CHARLIE & RITA TO MUSIC W/ CHARLIE & **HFATHER** 10:15 AM CHAIR EXERCISE 11:00 AM CURRENT 10:45-11:15 AM PET THERAPY W/ ROXY & 11.00 AM CURRENT EVENTS 11:00 AM CURRENT EVENTS IN RITA EVENTS IN ENGLISH IN ENGLISH & SPANISH 11:00 AM CURRENT EVENTS **ENGLISH & SPANISH GRPS** & SPANISH 11:30 AM SING A LONG IN IN ENGLISH & SPANISH 11:30 SING A LONG IN **KATHERINE** 11:30 AM SING- A-LONG IN ENGLISH & 11:30 AM SING- A-LONG IN **ENGLISH & SPANISH GRPS** ENGLISH & SPANISH 1:00 PM TRIVIA GAME IN **FNGLISH & SPANISH** 1:00 PM HAWAII ADMISSION DAY TRIVIA FACTS **ENGLISH & SPANISH** 1:00 PM TRIVIA IN ENGLISH **SPANISH** I:00 PM TRIVIA IN 1:40 PM UKELELE (1959)& SPANISH TRIVIA & SPANISH 11:00 AM CURRENT EVENTS IN **ENGLISH & SPANISH PERFORMANCE** 1:40 PM MID WEEK MOVIE IN ROUP **ENGLISH & SPANISH** 1:40 PM ARTS & CRAFT & ENGLISH & SPANISH; POKER GAME W/ ARLENE; CAKE 2:00 PM MEN'S LEMONADE 1:40 PM GOLF 11:30 AM SING -A-LONG IN PUTTING ON GREEN, SOCIAL W/RITA POKER GAME W/ **ENGLISH & SPANISH** SERVED FOR AUGÚST ARTS & CRAFTS, REFRESHMENTS 1:00 PM TRIVIA IN ENGLISH & BIRTHDAYS POLISHING NAILS & 2:45 PM SENSORY VIDEO, SPANISH

2:45 PM SENSORY VIDEO,

MUSIC SOCIAL &

TABLEGAMES

3:00 PM SENSORY VIDEO.

DOMINOES

MUSIC SOCIAL, PUZZLES &

OOMINOES & PUZZLES

1:40 PM TABLE TOP SOCCER &

SPANISH GRP (WHAT'S IN THE

2:00 PM LOTERIA & BINGO

2:45 PM SENSORY VIDEO 3:00 PM TABLE GAMES &

BOX?)

MUSIC SOCIAL

POKER TABLE

& TABLEGAMES

SHOW

2:15 PM NAME THAT T.V

2:45 PM SENSORY VIDEO

22 9:30 AM REVIEW ACTIVITIES & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE & RITA 11:00 AM CURRENT **FVFNTS IN FNGLISH** & SPANISH 11:30 AM SING A LONG IN ENGLISH & SPANISH I:40 PM ARTS & **CRAFTS** 2:15 PM FAMILY FEUD GAME. POKER TABLE & NAIL SALON 2:45 PM SENSORY VIDEO, TABLE GAMES & DOMINOES

23 9:30 AM REVIEW SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE & RITA 11:00 AM CURRENT EVENTS IN ENGLISH & SPANISH 11:30 AM SING A LONG IN **ENGLISH & SPANISH** 1:00 PM TRIVIA IN ENGLISH & **SPANISH** 1:40 PM NICE & EASY STRETCHING W/BACK MASSAGE & RELAXATION 2:15 PM COED ICED TEA SOCIAL 2:00 PM TABLE GAMES

2:45 SENSORY VIDEO, MUSIC SOCIAL & TABLEGAMES

24 9:30 AM REVIEW ACTIVITIES SCHEDULE & ORIENTATION 10:15 AM EXERCISE TO MUSIC 11:00 AM CURRENT EVENTS IN FNGLISH & SPANISH 11:30 AM SING A LONG IN ENGLISH & SPANISH 1:00 PM TRIVIA IN ENGLISH & SPANISH 1:40 PM MID-WEEK MOVIE IN ENGLISH & SPANISH; POPCORN SERVED 2:45 PM SENSORY VIDEO & **PUZZLES**



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9:30 AM REVIEW ACTIVITIES SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE W/ **HEATHER** 11:00 AM CURRENT EVENTS IN **ENGLISH & SPANISH** 11:30 AM SING-A-LONG IN **ENGLISH & SPANISH** 1:00 PM TRIVIA SOCIAL IN **FNGLISH & SPANISH** 1:40 PM HAWAIIAN LUAU **CELEBRATION W/ WINDFIELD** 2:45 SENSORY VIDEO HAWAIL

WEAR YOUR COLORFUL ATTIRE

let's dance

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9:30 **REVIEW ACTIVITIES** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE W/ ERICKA & CHARLIE 11:00 AM ENGLISH & SPANISH CURRENT EVENTS 11:30 SING A LONG IN ENGLISH **SPANISH** 1:00 PM TRIVIA FACTS IN FNGLISH & SPANISH 1:40 PM TABLE TOP SOCCER IN NGLISH & SPANISH 2:00 PM ENGLISH BINGO GAME SPANISH LOTERIA 2:45 PM SENSORY VIDEO &

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9:30 AM **REVIEW ACTIVITIES SCHEDULE** & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC 11:00 AM CURRENT **EVENTS IN ENGLISH** & SPANISH 11:30 AM SING A LONG IN ENGLISH & SPANISH I:00 PM TRIVIA IN **ENGLISH & SPANISH** 1:40 PM SING A LONG W/ ALLEN, ARTS & CRAFTS, POKER GAME W/ ARLENE & SPANISH GRP COOKING CORNER W



2:45 PM SENSORY

SESSION

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9:30 AM **REVIEW ACTIVITIES** SCHEDULE & ORIENTATION 10:15 CHAIR EXERCISE TO MUSIC W/ RITA & CHARLIE 11:00 CURRENT EVENTS IN **ENGLISH & SPANISH** 11:30 AM SING A LONG IN ENGLISH & SPANISH 1:00 TEE BARR'S MEMORY **GROUP** 1:40 PM NICE & EASY STRETCHING W/BACK MASSAGE & RELAXATION 2:00 PM LADIES SWEET TEA SOCIAL 2:45 PM SENSORY VIDEO, TABLE GAMES & MUSIC **SOCIAL**



9:30AM **REVIEW ACTIVITIES** SCHEDULE & ORIENTATION

10:15 AM EXERCISE TO MUSIC W/ RITA & CHARLIE 11:00 AM CURRENT EVENTS IN ENGLISH & SPANISH GRPS 11:30 AM SING A LONG IN ENGLISH & SPANISH 1:00 PM TRIVIA IN ENGLISH & SPANISH

1.40 PM MID-WFFK MOVIE W/ POPCORN IN ENGLISH & SPANISH

2:45 PM SENSORY VIDEO, **PUZZLES & MAGAZINE**



AUGUST DATES TO REMEMBER AUGUST 5th. 21st: **2016 SUMMER OLYMPIC GAMES**

AUGUST 19[™] 50[™] STATE **HAWAII ADMISSIONS** DAY: OUR LUAU IS ON THE 25[™] OF AUGUST (FAMILY IS WELCOME TO ATTEND)

NATIONAL SMILE WEEK 1-7TH

WEEKLY MUSIC GROUPS @ 1 PM

DAILY INTERGENERATIONAL 30 MINUTE GROUP ACTIVITIES



*TIME AND ACTIVITIES **ARE SUBJECT TO CHANGE**

2016