



RUTHERFORD
POLK
MCDOWELL HEALTH DISTRICT

COMMUNITY HEALTH

FORUM

WEDNESDAY
JANUARY 27

9:30-11:30

THE FOUNDATION

ISOTHERMAL COMMUNITY COLLEGE

Join with community leaders to plan for improvements in health and wellness.

Review current data, trends and projections for Rutherford County.

* Healthy Eating * Active Living * Tobacco

* Substance Abuse Prevention * Maternal and Infant Health * Behavioral Health

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Sponsored by: Rutherford Polk McDowell District Health Department and Rutherford Health Council