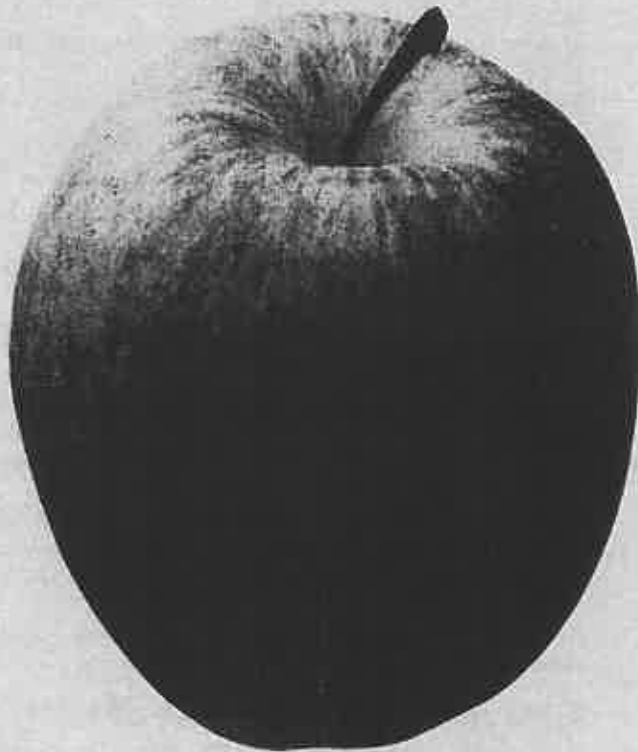


MCDOWELL COUNTY COMMUNITY HEALTH ASSESSMENT



COMMUNITY HEALTH FORUM

5:30 – 7:30
THURSDAY,
JANUARY 14, 2016



WILLIAM HAROLD SMITH BUILDING

Join with community leaders to plan for improvements in health and wellness.

Review current data, trends and projections for McDowell County. Light Refreshments Served.

* Healthy Eating * Active Living * Tobacco * Access to Resources * Built Environment

* Substance Abuse Prevention * Maternal and Infant Health * Behavioral Health

SPONSORED BY: RUTHERFORD POLK MCDOWELL DISTRICT HEALTH DEPARTMENT, MTCC
RURAL HEALTH IT WORKFORCE PROGRAM AND THE MCDOWELL HEALTH COALITION

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HEALTHY NORTH CAROLINA 2020 OBJECTIVES

	Current	2020 Target
Tobacco Use		
1. Decrease the percentage of adults who are current smokers	20.3% (2009)	13.0%
2. Decrease the percentage of high school students reporting current use of any tobacco product	25.8% (2009)	15.0%
3. Decrease the percentage of people exposed to secondhand smoke in the workplace in the past seven days	14.6% (2008)	0%
Physical Activity and Nutrition		
1. Increase the percentage of high school students who are neither overweight nor obese	72.0% (2009)	79.2%
2. Increase the percentage of adults getting the recommended amount of physical activity	46.4% (2009)	60.6%
3. Increase the percentage of adults who consume five or more servings of fruits and vegetables per day	20.6% (2009)	29.3%
Injury and Violence		
1. Reduce the unintentional poisoning mortality rate (per 100,000 population)	11.0 (2008)	9.9
2. Reduce the unintentional falls mortality rate (per 100,000 population)	8.1 (2008)	5.3
3. Reduce the homicide rate (per 100,000 population)	7.5 (2008)	6.7
Maternal and Infant Health		
1. Reduce the infant mortality racial disparity between whites and African Americans	2.45 (2008)	1.92
2. Reduce the infant mortality rate (per 1,000 live births)	8.2 (2008)	6.3
3. Reduce the percentage of women who smoke during pregnancy	10.4% (2008)	6.8%
Sexually Transmitted Disease and Unintended Pregnancy		
1. Decrease the percentage of pregnancies that are unintended	39.8% (2007)	30.9%
2. Reduce the percentage of positive results among individuals aged 15 to 24 tested for chlamydia	9.7% (2009)	8.7%
3. Reduce the rate of new HIV infection diagnoses (per 100,000 population)	24.7 (2008)	22.2
Substance Abuse		
1. Reduce the percentage of high school students who had alcohol on one or more of the past 30 days	35.0% (2009)	26.4%
2. Reduce the percentage of traffic crashes that are alcohol-related	5.7% (2008)	4.7%
3. Reduce the percentage of individuals aged 12 years and older reporting any illicit drug use in the past 30 days	7.8% (2007-08)	6.6%
Mental Health		
1. Reduce the suicide rate (per 100,000 population)	12.4 (2008)	8.3
2. Decrease the average number of poor mental health days among adults in the past 30 days	3.4 (2008)	2.8
3. Reduce the rate of mental health-related visits to emergency departments (per 10,000 population)	92.0 (2008)	82.8