

Testimonials

Here's what our participants are saying about our programs.

Car Seat Education

97% of participants identified properly installed car seats after the training.

"An awesome program! The additional instruction provided by the (car seat) technician cannot be found in any guide book. A program like this helps to save lives!"

Bright Beginnings

96% of families reported improved understanding of their infant's developmental needs.

Heart Failure University

100% of participants attending Heart Failure classes within 60 days of their hospital stay have avoided readmission.

"Thank the whole team at Bright Beginnings. They've really put work into putting together some useful materials and classes. I'm definitely going to refer my new parent friends to the program."

"The information on sodium was very concise and thorough."

Powerful Tools for Caregivers

Powerful Tools for Caregivers participants reported a 45% improvement in their emotional health.

Heart Health Education

3,100 elementary and high-school students within five northern Colorado school districts received Healthy Hearts education; over 1,600 students participated in heart disease risk factor screening.

"My coping skills, confidence and self-esteem have increased greatly. I am much more able to redirect and avoid emotional tension."

"We look at Healthy Hearts as an integral part of our science education. It is an excellent, informative program. The kids love it and learn healthy life style choices."

National Prevention Strategy Objectives

Alignment of Community Health Programs and Services with NPSO	Healthy Eating	Active Living	Reproductive and Sexual Health	Mental and Emotional Well being	Tobacco-Free Living	Drug and Alcohol Abuse Prevention
Aspen Club	✓	✓		✓	✓	✓
Bright Beginnings	✓	✓	✓	✓	✓	
Center for Diabetes	✓	✓		✓	✓	✓
Coalition for Activity and Nutrition to Defeat Obesity	✓	✓		✓		
Community Paramedics	✓	✓		✓	✓	✓
Enhance Wellness	✓	✓		✓	✓	✓
Family Education	✓	✓	✓	✓	✓	✓
Healthy Harbors Care Coordination	✓	✓	✓	✓	✓	✓
Healthy Hearts Club	✓	✓		✓	✓	
Healthy Kids Club	✓	✓		✓	✓	
Heart Failure University	✓	✓		✓	✓	✓
Medicaid Accountable Care Collaborative	✓	✓	✓	✓	✓	✓
Nurse Home Visit	✓	✓	✓	✓	✓	✓
Safe Kids		✓		✓		
Vida Sana	✓	✓	✓	✓	✓	✓

Community Health Improvement

PERIODIC REPORT OF PROGRAMS | 2013/2014

Community Health Improvement Mission:

We improve lives through relevant, integrated strategies and proven methods that impact health and wellness.

Community Health Improvement Vision:

Community Health Improvement fosters optimal health and wellness.



UNIVERSITY
of COLORADO HEALTH

WE IMPROVE LIVES.

The Community Health Improvement department within University of Colorado Health's northern region shares a commitment to optimize the health of the communities we are privileged to serve. Vital to this effort are the strong collaborations we enjoy with our community partners.

Our contribution to the quality of life and the environment in our communities has always been a key measure of our success. Our Community Health educators have been keeping our region healthy for more than 20 years. All

programs are client-centered and meet community needs through evidence-informed best practices for health promotion, health protection, preventive services, chronic disease management, safety and injury prevention.

The pages that follow provide a snapshot into the many ways that our community-based programs and services improve lives. Additional information can be found at uchealth.org.

Law Enforcement

Non-Profit

Clinical

Government

Educational Institutions

Business

Our programs

raising healthy children.



Mental and emotional well-being

identified as a high priority health issue in both Larimer and Weld Counties



Our programs

fostering optimal health and wellness.

