

Parents-Special:
4 Weeks of Self-Defense or
Fitness Kickboxing Classes with FREE
Uniform or KB Gloves!!
(No Obligation)

You've supported them. You've coached them. You've driven them to classes. You've taken them to tournaments. Now it's YOUR turn to join your kids out on the floor and try martial arts yourself! The benefits you'll get are endless: Build your strength. Improve your cardio fitness. Lose weight. Take your fitness to a new level. Discover self-defense secrets. Free yourself from daily stress. Make new friends. And finally, share an activity with your child that will make them proud of YOU!

You've supported your kids in martial arts for a long time. I know you've secretly thought to yourself "I wish I could get out there and do that. I've always respected martial arts." Well, guess what? This is your chance: try Adult Self-Defense or Fitness Kickboxing Classes or both for FREE without any obligations!

If you want to get in shape, nothing does a better job than martial arts. It doesn't take long to see results. In just 30 days, you're going to...

- Rev up your metabolism
- Gain strength and pack on muscle
- Watch your blood pressure drop
- Torch fat and slim down
- Sculpt your midsection
- Dodge diabetes and heal your heart
- Strip away stress and balance your life
- Burn calories and get back in shape

Finally, you're going to look better than ever and start adding years to your life. And all it takes is 30 days to get the ball rolling! I don't care if you're 25, 45 or 75 years old. Age does NOT matter. So step up and join NOW!

It's Easy to Get Started:

All you have to do is tell me what you would like to try, Self-Defense or Fitness Kickboxing or both. I'll give you a schedule and fit you with a uniform or kickboxing gloves, also, answer any questions you might have. In just 30 days, I'll show you how to move like a martial artist and get in better conditioning! You have seen me deliver the results with your children and NOW it's your turn. Join our elite club of parents who are all kicking together and sticking together!