SAVE THE DATE

Heart Zones PE Certification

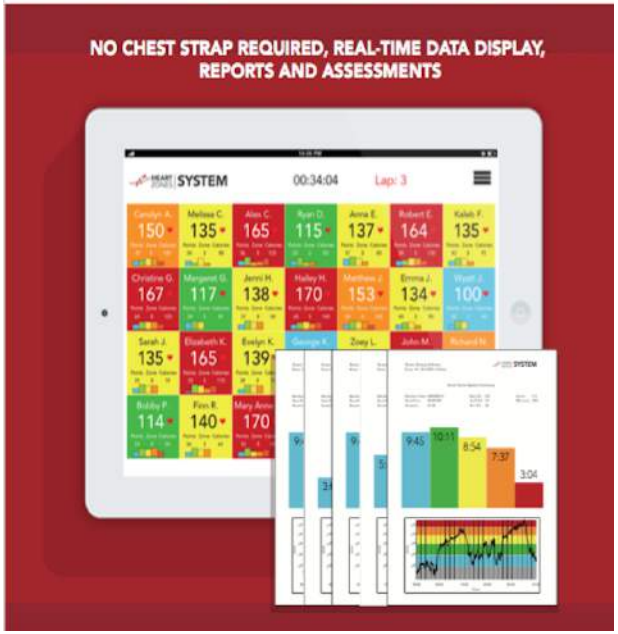
December 2, 2015

Wednesday

Westonka Public School District, Minnesota







Smart PE - Using Technology & Best Practices

The Certification

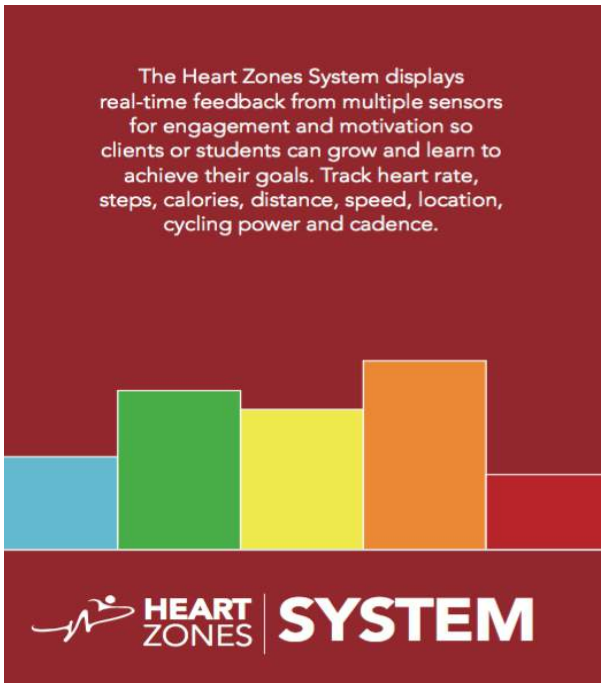
You will leave the day well equipped to get back to your class and implement what you just learned and experienced. Smart PE is a way to teach PE using wearable sensors that provide data to help your 21st Century students get fit, engaged, and love PE. Smart PE is a game changer for all.

What You Will Experience

- Hands-on experience in using heart rate monitors, foot pods, and other technology in your PE classes
- Get a deeper learning of how to apply Smart PE in your program
- How to engage your students as they become self-regulated for exercise effort.
- How to use foot pod activity trackers rather than tired pedometers
- Meet other teachers who are connecting data to instruction, using data-based instruction
- Break-out sessions on curriculum, class management, System setup and implementation,best practices, the science,
- How to grade and assess objectively using data
- Learn how to develop physical literacy including the Pacer Test.

Teachers and Trainers

- Beth Kirkpatrick, veteran PE teacher
- Sally Edwards, Founder, Heart Zones, and author
- Joe Gooden, Director of Physical Education
- Deb Van Klei, PEP Grant Manager, iHealthy Moves
- Mark Femrite, Asst Supt. of Teaching/Learning
- Darrell Salmi, Stillwater secondary PE teacher
- Mike Mustar, Stillwater primary PE teacher



Certification Details

Location: 30 minutes west of Minneapolis, MN at Westonka Public School District's Hilltop Primary

CEUs: A Certificate of Attendance will be provided for each participant for your CEUs

Date: Wednesday, December 2, 2015 from 9 am to 4:00 pm with lunch break.

Format: Keynotes, break-out sessions, round table discussions, activity classes, demonstrations, networking, handouts.

Registration Fee: $75/college students, $99 standard, $129 with new Blink Armband ($99 value).

Content: These K-12 sessions include activities, observation, the exercise science, technology deployment, teaching strategies, and best practices.

Limited: To the first 50 teachers. Register online at www.Schools.HeartZones.com

Technology: You are provided with devices to use: smart activity trackers, heart rate sensors, the Big Board, apps, and more.