

Recognizing Anxiety and Depression

In Children and Teens

DR. NADJA REILLY, lecturer of Psychiatry at Harvard Medical School. and author of Preventing Depression: A Toolkit for Schools, and Break Free from Depression will identify the signs and symptoms of anxiety and depression in children of all age levels. Appropriate for both educators and parents, this program offers practical approaches and tools that show adults how to help children manage the feelings they have and get the supports they need. Come with questions; go home with answers.

Wednesday,
December 2, 2015
4:00 ~ 5:30pm

Alden Elementary School Duxbury, MA Room 104

Visit www.theparentconnection.org or Westwinds Bookshop in Duxbury for tickets or more information. Tickets are \$5 in advance or \$7 at the door.

